

Care Alliance Ireland
A Company Limited by Guarantee
and not having a Share Capital
Directors' Report and Financial Statements
for the year ended 31 December 2017

84 Northumberland Road
Ballsbridge
Dublin 4

Duignan Carthy O'Neill Limited
Chartered Accountants
Registered Auditors

Care Alliance Ireland

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Care Alliance Ireland

1. Legal and Administration Details

BOARD OF DIRECTORS	Donal McKenna	(Chairperson)
	Clare Duffy	(Resigned 13 June 2017)
	Dermot Maguire	(Resigned 16 February 2017)
	Fergus O'Rourke	
	Deirdre Shanagher	
	Jimmy Duggan	(Resigned 16 February 2017)
	Rosemary Daynes	
	Ann Walsh	
	Phil Dunne	
	Hazel Mulligan	
	Annie Dillon	(Appointed 21 February 2017)
Barbara Barrett	(Appointed 17 June 2017)	
SECRETARY	Rosemary Daynes	
REGISTERED OFFICE	Care Alliance Ireland Coleraine House Coleraine Street Dublin 7	
EXECUTIVE DIRECTOR	Liam O'Sullivan	
BOARD COMMITTEES	Dermot Maguire	(Audit and Risk Committee, Resigned 16 February 2017)
	Fergus O'Rourke	(Chair - Audit and Risk Committee)
	Clare Duffy	(Research Committee, Resigned 13 June 2017)
	Deirdre Shanagher	(Chair - Research Committee)
	Donal McKenna	(Audit and Risk Committee)
	Hazel Mulligan	(Audit and Risk Committee)

Care Alliance Ireland

1. Legal and Administration Details (Contd...)

REGISTERED COMPANY NUMBER	461315
CHY NUMBER	14644
CHARITY REGISTRATION NO:	20048303
AUDITORS	Duignan Carthy O'Neill Limited Chartered Accountants Registered Auditors 84 Northumberland Road Dublin 4
PRINCIPAL BANKERS	Allied Irish Bank Capel Street Dublin 1

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

Directors' Report

The Directors present their annual report together with the audited financial statements of Care Alliance Ireland for the year ended 31 December 2017. The Directors confirm that the annual report and financial statements comply with the current statutory requirements, the requirements of our governing documents and the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102).

Chairperson's Statement

On behalf of the Board of Directors it gives me great pleasure to present this Chairpersons Statement. 2017 saw a continued growth in activity of Care Alliance Ireland, which enabled us to support more organisations and individuals in their role of caring for a loved one. In September we published our Infographic on Family Caring which highlights that 10% of the adult population of Ireland are carers (CSO, 2016). We are delighted to continue to support the organisations around the country who assist these carers. We are also delighted to support the researchers, students, the media and the general public with queries in relation to family carers. During the year, we made 10 submissions, and produced and disseminated a range of discussion papers, overview reports, briefing documents and position papers; as well as quarterly newsletters. Our website continues to be a source of information for those involved in a caring role and we also hosted the very successful family carer research conference in UCD which was attended by both professionals and family carers.

Good governance is important in any organisation and Care Alliance was honoured, for the second year in a row, to be the recipient, in our category, of the award in the Good Governance Awards. The Board, again, acknowledges the enormous work carried out by Liam O'Sullivan and the staff of Care Alliance in this great achievement.

In 2017, our income was down a little just under €168,000. For the coming years, to continue our work the need is for increases in funding rather than reductions. We acknowledge and are grateful for the funding that we do receive which supports our continued work in policy, research and training. We are in the middle of a three-year funding scheme to support National Community and Voluntary Organisations. An

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increase in this funding in the future will allow us to continue and expand our delivery of real impact and outcomes.

Going forward we will build on the successes of 2017 and look forward to serving the needs of carers and the organisations who support them in the value they create in our communities and for our neighbours and loved ones.

I would also like to thank each of our member organisations for their membership and increasing engagement and feedback and I look forward to meeting more of them in the coming year. Finally, I would like to thank my wonderful fellow board members and the brilliant staff, Liam, Zoe, Sandra and Denise, for their all-round professionalism and dedication.

Donal McKenna, Chairperson

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Objectives, Activities, Achievements and Performance

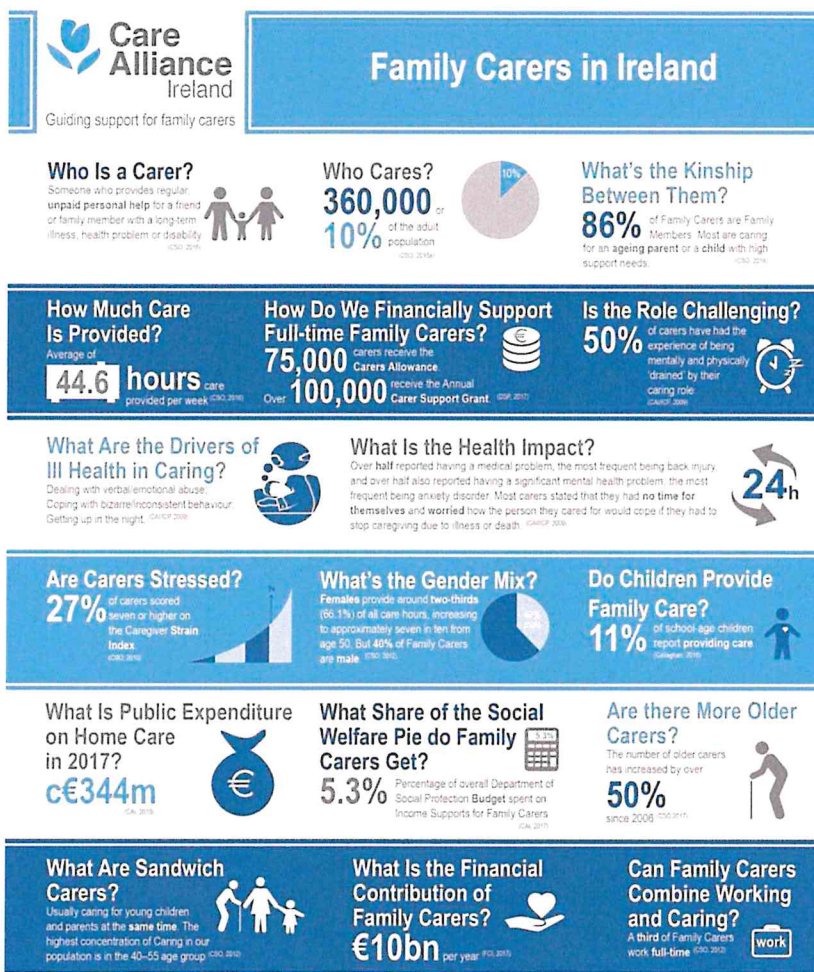
The main objective of Care Alliance Ireland as set out in our Constitution is to provide support, education, training, research and dissemination of information to community, charitable and voluntary organisations that currently support or are seeking to support Family carers. The Constitution also sets out a number of supporting objectives: to coordinate a national network of charitable organisations supporting Family carers; to support organisations in their direct work of supporting Family carers all over Ireland; to carry out research relating to Family carers; to promote interagency collaboration; to make use of social media fora to engage with and support Family carers and those who support them.

We achieve these objectives by supporting our charitable member organisations and other organisations in their direct work with Family carers through the provision of information, development of research and policy, sharing of resources, and instigation of opportunities for collaboration.

We endeavour to reflect the core values of professionalism, collaboration and integrity in all our activities. We pay particular attention to the quality of our publications and how we communicate externally to our stakeholders, and are committed to full transparency in our operations and governance.

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Directors' Report For the year ended 31 December 2017



Sources of Information

- Care Alliance Ireland (2017), Trends in Family Caring in Ireland in 2017. Review of Awareness, Self-identification, Official Surveys and Income Supports
- Care Alliance Ireland (2016), Analysis of Home Care Supports Funded by the HSE 2008/2016. Allowings for an estimated additional €20m being allocated in 2017
- Callaghan, M., Keane, E. & Mulvaney, M. (2016), Short Report – HSE Ireland: Young Carers in the 2014 HSC Study
- Central Statistics Office (2017) Census 2016 Chapter 9: Health, Disability and Caring, Dublin: Stationary Office
- Central Statistics Office (2016) Full Census 2016 Questionnaire
- Central Statistics Office (2012) Census 2011 – Profile 8 – Our Bill of Health, Dublin: Stationary Office
- Central Statistics Office (2010) Quarterly National Household Survey, Quarter 3, 2009: Module on Caring
- Carers Association of Ireland and the Irish College of Psychiatrists (CAI/ICP) (2009), The Health of the Carer in Ireland Survey
- Central Statistics Office (2016) Irish Health Survey 2015
 - Family Carers Ireland (2017), 2018 Pre-Budget Submission
 - Health Service Executive (2017), Social Care: Operational Plan 2017
 - Social Protection, Department of (2017) Merit-based Briefing June 2017

Our infographic on family caring – published in September 2017

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Achievements and Performance in 2017 in Meeting Objectives

Our vision is that the role of Family carers is fully recognised and valued by Irish society. Care Alliance exists to enhance the quality of life for Family carers. There are approximately 360,000 Family carers in the Republic of Ireland. Family Carer support is provided by a number of organisations, including those dedicated solely to carer support and others who support carers as part of their response to individuals with specific conditions.

Family Caring is a key tenet of social capital. With an ageing population profile together with increased life expectancy and medical advances, the need for Family carers and for organisations that support them will continue to increase into the future.

2017 was another highly successful and impactful year for Care Alliance Ireland. Our activities and annual work plan are informed by our Strategic Plan (2014–2017), and during 2017 we continued its implementation, with a view to developing a new Strategic Plan in early 2018. The direction the new plan will take has yet to be decided.

A work plan is prepared annually and approved by the Board. Just under 60% (17/29) of organisational Key Performance Indicators (KPIs) were met or exceeded in 2017, a lower level than that achieved in 2016. KPIs set in 2017 were particularly challenging and we believe that year-on-year percentage changes are only one metric in measuring success and impact. This is why we make use of written feedback from a range of stakeholders to document how our work makes a difference.

We exceeded our goals in the areas of collaboration, submissions, unique users to our three websites, research projects, presentation of research, membership and diversity of funding. We did not reach some of our goals in the areas of additional funding, discussion papers, member engagement, downloads from our website and levels of reserves. For 2018, we have already exceeded our goal in new

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funding, are confident of delivering a greater number of discussion papers, and can report significantly greater member engagement. We remain to be convinced that we have accurately captured the level of download of our publications and resources and will continue to explore this. In the absence of receipt of material levels of unrestricted funding and/or public fundraising activities, increasing the level of our reserves will remain very challenging.

Collaboration can be time consuming and difficult to do well, and it can be difficult to persuade others of its tangible benefits. Care Alliance Ireland continues to believe passionately in meaningful collaboration and will continue to engage with a wide range of stakeholders. In 2017 for example we welcomed new partners to the 11th National Carers Week.

We seek to engage with partners by focusing on relationship and trust building and by seeking to demonstrate added value in all that we do. For example, we collaborated with the online counselling service Turn2Me to set up an online peer support group for Family carers. While the endeavour did not engage Family carers in sufficient numbers, the process was nonetheless positive. We also had conversations with the leadership in Carers Northern Ireland around planning for Brexit and cross-border Family carers.

During 2017 we reached more people than ever – through our coordination of the 11th National Carers Week, our ten submissions to a range of state bodies, our discussion papers, our overview reports, our briefing documents and our position papers; through our quarterly newsletters and the presentation of twelve papers at three separate conferences; through hosting a Family Carer Research conference and publishing in a number of journals; through being part of eleven separate collaborative fora; through working with colleagues across Europe to improve the knowledge of Young Carer support programmes; and through being innovative and ambitious in our use of social media platforms.

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'There was a point in my life when I recognised that I was in a role that far outweighed that of a typical parent or what I had expected with the birth of my first child. My baby was going to grow up with needs that required me to go above and beyond. It was at that point that I started to identify as a Family Carer and also feel the loss of other roles I once had.

'Having had to leave the nursing profession, I was now providing nursing care for my own child, but without the same level of recognition. Carers Week enables us to shine a light on carers' roles, our needs and our aspirations. It gives us recognition for the uniquely selfless role we have on top of our primary identity as mothers and fathers, husbands and wives, brothers and sisters and sons and daughters.'

Lorraine Dempsey, Family Carer and founder of the Special Needs Parents Association, speaking during National Carers Week, June 2017



The eleventh National Carers Week took place from June 12th–18th 2017

Care Alliance Ireland

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We continued our work with two leading third-level institutions and developed new relationships with others. We are seeing real positive developments in how Family Carer research is commissioned, practised and disseminated. We won, for the second year in a row, the Good Governance awards, and continue to encourage the wider non-governmental (NGO) sector to strive to do better in this area. Budget 2018 is delivering deliver some real gains for Family carers and enhanced provision of home care in 2018 is promised. We look forward to the delivery of commitments made recently by government in the areas of respite care and GP cards for those in receipt of the Carers Allowance. We believe that our activities have made some contribution to the realisation of these improvements.



Staff and Board of Directors celebrating our back-to-back Good Governance Awards in November 2017

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Measuring the impact of an organisation's activities is difficult. Organisations can be busy doing numerous things, but translating these into real impact and outcomes is notoriously difficult. We continuously seek to have a greater focus on demonstrable impacts rather than simply on activities or numbers. We attempt to detail these impacts in this annual report.

In 2017 we successfully secured nominating rights to Seanad Éireann. We believe that this in time will go some way toward strengthening the Family Carer voice and that of the organisations supporting them, in the Oireachtas.

We now report on how we achieved our objectives, with reference to our priorities as outlined in our 2014–2017 Strategic Plan.

The plan prioritises the following six areas of action:

1. Providing a united voice for, and strengthening the impact and relevance of, family caring organisations in Ireland.
2. Providing up-to-date, relevant information to our members in a timely and accessible manner.
3. Supporting primary and applied research on family caring and the role of Family carers.
4. Building the profile and raising awareness of Care Alliance Ireland.
5. Ensuring we have the capacity and resources to progress strategic priorities.
6. Supporting member organisations and international alliances.

Each is dealt with in turn in the following sections.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

1. Providing a united voice for, and strengthening the impact and relevance of, family caring organisations in Ireland

- To ensure that we are seen as a significant representative voice for the Family Carer sector.
- To coordinate policy submissions on issues of relevance to Family carers and our member organisations.
- To provide opportunities, by the coordination of meetings, events and workshops, for our members to interact, network and share learning.

We continued to deliver on our representative function in a number of ways in 2017, most significantly through our pre-budget submissions to government, participation in a number of representative fora (for example, the HSE-led National Patients Forum) and policy-related submissions (for example, to the Citizens' Assembly in May 2017: 'How We Respond to the Challenges and Opportunities of an Ageing Population', to the consultation on Home Care Services, and to the Census 2021 consultation).

We continued to collaborate with upwards of a dozen not-for-profit organisations in pursuit of moving forward the agenda for more accessible home care and a legal right to home care. The consultation process initiated by the Department of Health resulted in in excess of 2,800 individual submissions. We are optimistic that this issue will be progressed significantly in 2018 and in time will deliver real improvements to the lives of those who need support in order to be cared for well at home.

We progressed two discrete projects, one in the area of resilience of family carers of people with dementia, and another in the collation of resources to help professionals to support young carers. We also created and disseminated new innovative, informed and methodologically robust publications. We made use of high-quality designers and proof-readers/editors to support high standards.

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Implementation of the 2012 National Carers Strategy by government agencies and other support organisations is continuing. We continued to work on a monitoring group led by Family carers Ireland and look forward to the creation of a fresh strategy in 2018.

We engaged in ongoing collaborative work with a range of not-for-profit federations and alliances, including the Carmichael Centre for Voluntary Groups, the Disability Federation of Ireland and the Wheel. We also collaborated with a number of HSE personnel from a range of departments/areas. We had a specific collaboration with CROI/iHHub around the needs of Family carers of people with heart failure.

In November 2017, as part of Carers Rights Day, we published a position paper entitled 'The right not to be called an Informal Carer'. We were delighted that soon after its publication we received a commitment by the Department of Health to avoid using the term 'informal carer' in the future, as well as a specific supportive Tweet from one of the official HSE Twitter accounts. We see this as a good example of how the appropriate use of primary data, sourced from Family carers and communicated widely in a brief and accessible format, is having a positive impact on the language used in describing family caring.

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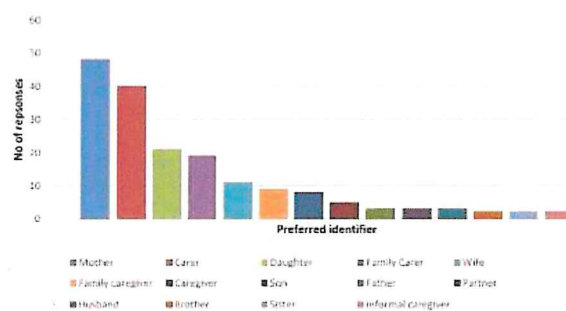
Following

#UnderstandTogether supports @CareAllianceIrl's call to ensure that the term 'informal carer' is no longer used #CarersRightsDay #dementia carealliance.ie/userfiles/file ...



'Guiding support for family carers'

In 2015, Care Alliance Ireland asked family carers directly what their preferred term for their position is; most preferred to be identified with regards to the relationship to the person they provide care and support for, rather than the work of being a carer.



9:14 AM - 28 Nov 2017

Twitter response to our call on Carers Rights Day for avoiding the use of 'informal carer'

2. Providing up-to-date, relevant information to our members in a timely and accessible manner

- To produce information, including policy and research briefings, that will inform member organisations on issues of relevance.
- To disseminate the latest national and international policy, research and practice initiatives.

We continue to assist researchers, students, the media and the general public with queries in relation to Family carers, both by email and telephone. We receive occasional calls from individual Family carers and we advise and redirect as appropriate. All member organisations and over 650 other organisations and individuals involved in supporting Family carers received regular communications

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from us, primarily in electronic format, on issues relating to support, practice, policy and research. Our database of contacts continued to grow in 2017. Database management requires constant updating of the database, as people are increasingly moving both within and into the health and social care sector.

We use a range of electronic communications and social media fora in a measured and focused way to ensure that communication is relevant to members and stakeholders.

The use of Carer Needs Assessments gives expression to the goal of working with Family carers as partners in care. We continued to work closely with the HSE and others in their progression of the Single Assessment Tool and, in particular, in the creation of a Carer Needs Assessment (CNA) supplement to the *interRAI*. The full pilot of the CNA was completed in 2017 with full access now available worldwide for beta/pilot use from the *interRAI* consortium. Domestically it will now require champions and sponsors within the HSE and the Department of Health to operationalise this wonderful resource.

We provided input into the British Irish Council work on older carers, with a view to the production of a booklet on good practice.

The publication of Census data on Family carers in June 2017 reported a modest 4% increase to 195,000 in the number of people providing unpaid care. We believe that this is a massive underestimate, and this is supported by data from the 2015 health survey that suggests a figure of 360,000 Family carers in Ireland.

We also undertook regular reviews of new Family Carer research, policy and practice resources internationally and disseminated these as appropriate. We are strong believers in the Open Access model, and took part in the Open Access week to promote such an approach.

In August, in collaboration with the School of Nursing and Midwifery, we organised our bi-annual conference for early and emerging researchers in the Family Carer field. Twenty presentations were delivered on a range of topics. These events represented an opportunity for the dissemination and discussion of research and practice.

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Family Carer Research Conference Schedule 31 August 2017

Time	Content
9.30-10am	Registration; tea & coffee
10-10.15	Introduction
10.15-10.45	Plenary Session- UCD EnCareDementia Project
10:45-11	Break
11-12.30	Oral Presentations- Session One 1) <i>A Never-Ending Love Story: A Narrative Exploration into the Experiences of Men who Provide Care in the Context of Dementia</i> - Dr. Ann Stokes (NUI Maynooth) 2) <i>'Funnily enough it gave a sense of hope': Comparing the delivery of a face to face family carer programme to a fully online programme</i> - Fergus Timmons (Alzheimer Society of Ireland), Dr Martha Doyle (Sligo IT), Dr Marita O' Brien (Independent Researcher) 3) <i>A Mixed Methods Evaluation of Intensive Home Care Packages for People with Dementia: Experiences and Outcomes for Family Carers</i> - Dr. Fiona Keogh (Centre for Economic and Social Research on Dementia, NUIG)
12.30- 2	Lunch & poster presentations
2- 3.30	Session 2 (3 oral presentations) 1) <i>Caregiver burden and quality of life of parents of young children with cystic fibrosis</i> - Prof Patricia Fitzpatrick (UCD) 2) <i>I am the warrior: Lived Experiences of the Mother and Carer roles and Mental Health Group Membership</i> - Bláithín Lally (TCD), Dr. Charlotte Wilson (TCD) 3) <i>Engaging Dementia Carers in Research: The Dos and Don'ts</i> - Joanna Joyce (Alzheimer Society Ireland) & members of the Dementia Carers Campaign Network (DCCN)
3.30- 3.45	Break
3.45- 4.45	Session 3 (2 oral presentations) 1) <i>Investing in family carers: a model for practice implementation of a person-centred approach to carer assessment and support within palliative care (Plan, Pilot, Train, Sustain)</i> - Dr Janet Diffin (Queens University, Belfast) 2) <i>An assessment of family members' needs following ABI to a family member: An Irish Perspective</i> - Deirdre Murphy (DCU), Prof. Teresa Burke (DCU) & Dr. Elaine Kelly (Headway Ireland)
4.45-5	Concluding remarks

Schedule for Family Carer Research Conference – August 2017

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The www.carealliance.ie website is increasingly viewed as a portal for Family Carer research and policy. The website reach in 2017 was down a little on 2016, with in excess of 92,000 recorded downloads. The reason for this reduction is not clear. We feel it may in part be explained by the accessibility of more of our documents from other websites and repositories such as lenus.ie. We have continued to have significant reach with the two other websites that we manage: www.carersweek.ie and www.familycarertraining.ie

The number of direct downloads of our newsletters was also down somewhat in 2017, at approximately 10,500. The reason for this is not entirely clear. It may reflect a structural shift away from newsletters as they compete with a range of other online information sources.

Stakeholder Feedback

In response to the publication of the spring edition of our newsletter *Care Alliance Ireland Exchange*:


‘Useful update on carers and social care developments in Ireland. Great work as always’

Helen Ferguson, Equality Commissioner at Equality Commission for Northern Ireland

Care Alliance Ireland

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‘Guiding Support for Family Carers’




Care Alliance Ireland
Exchange Summer 2017 Issue 55

National Carers Week 2017


The 11th National Carers Week took place 12–19 June and yet again succeeded in delivering over 100 events for Family Carers across every county in Ireland. This year the week included a number of new initiatives including a live Twitter discussion on Family Carer issues in collaboration with Dr. Liam Farrell.

We were particularly happy with the print/online media coverage; RTE’s Manan Finucane Show had three male family carers on the Saturday morning show on 17 June ([listen here](#)). We were also happy with the increase in involvement by health centres and private companies. The week was the fourth-highest trending topic on Twitter Ireland on 12 June. This year also represented a significant increase in merchandise with thousands of stress balls, hand warmers, shopping bags, trolley coins, T-shirts and pens dispersed nationally.



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A full review of the week has been completed and invited Family Carers, event organisers, partners and others who were involved in the week. Photos from the week can be seen on pages 3, 4 & 5.

National Carers Week 2018 takes place 11 – 17 June.

‘A delayed thank you from me on all the work completed in Carers Week 2017. It was St. Michael’s House’s first experience of being an official partner and it was a welcome and positive one. The Carers Week is part of the communication plan for 2018. We look forward to engaging more of our teams on the ground. It was lovely to meet and work with you all.’

Barbara Wiseman, St Michael’s House.

‘Guiding Support for Family Carers’



Care Alliance Ireland
Exchange Autumn 2017 Issue 56

Care Alliance Ireland – UCD Family Carer Research Conference



Pictured at the Care Alliance Ireland/UCD Family Carer Research Conference are Dona McGerres (Chair CA), with Dairde Murphy (DCU) and Janet Diffin (DUB)

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Consultation on Home Care Services – Deadline for Submissions Extended

Following representations made by a number of not-for-profit organisations, the deadline for making submissions on the review of home care supports has been extended to 2 October. See notification [here](#). You can find a full copy of the consultation form [here](#). Zoe Hughes, Policy and Research Officer, has been consulting with many of our member organisations in advance of making our own submission.



Two of our four newsletters published in 2017

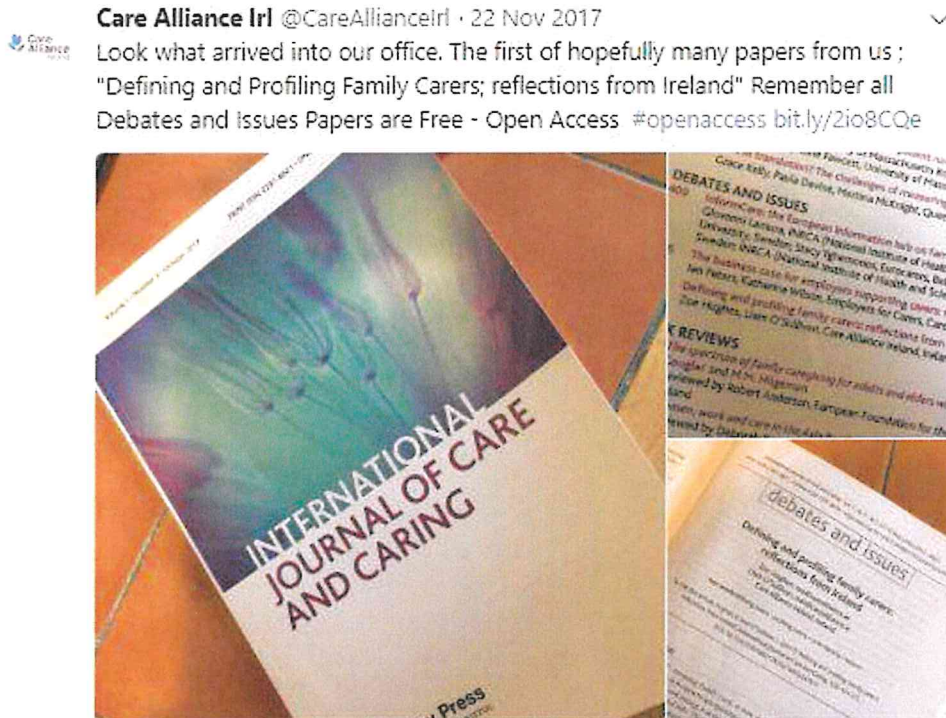
The other most popular downloads from our main website in 2017 were (in order):

- Discussion paper ‘Stigma in Family Caring’
- Family Caring in Ireland – An Overview (2015)
- Post-budget Analysis
- Selected Caregiver Assessment Measures (2012)
- Call for papers for *Family Carer Research in Ireland* conference
- Discussion paper ‘Disability and Family Caring’
- Literature Review on the Relationship between Family carers and Home Care Support Workers (2014)
- Family Caring in Ireland – An Overview (2013)
- Briefing Paper – Analysis of Home Care Supports Funded by the HSE 2008–2016 (June 2016).

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Our refined discussion paper on Defining Family carers was published in the International Journal of Care and Caring.



Care & Caring Int, Open Access QUB, Open Access Network and 2 others

Our first journal article in the International Journal of Care and Caring, entitled 'Defining and Profiling Family carers'

We undertook an analysis of Budget 2018 within two days of the Budget regarding the developments affecting Family carers. This was shared widely. In 2017 we began to publish quarterly briefs analysing quarterly HSE Performance Data Reports.

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3. Supporting primary and applied research on family caring and the role of Family carers

- To communicate and support carer-specific research that informs and progresses policy and service development for Family carers.
- To influence the Family Carer research agenda by collaborating with third-level institutions, statutory bodies and other relevant agencies, both nationally and internationally.

We collaborated with researchers in UCC in their primary research on Family carers' experiences of cessation of the caring role. The research presented the perspectives of former Family carers in order to assist the responses of carer organisations and policy makers to Aim 1.3.5 of the National Carers' Strategy: 'to review existing transition arrangements for carers at the end of their caring role'.

We collaborated with researchers in UCC in their primary research on Family carers' experiences of cessation of the caring role. The research presented the perspectives of former Family carers in order to assist the responses of carer organisations and policy makers to Aim 1.3.5 of the National Carers' Strategy: 'to review existing transition arrangements for carers at the end of their caring role'.

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We also collaborated with an early-stage researcher in an online mindfulness intervention – the interim findings on subjective impact with respect to reducing stress levels being very impressive.

In parallel, in Autumn 2017 we brought together a virtual working group of former Family carers and others to review and update our 2011 Life After Care booklet. This booklet was published in early 2018.



'Guiding support for family carers'

Life After Care Virtual Working Group

Draft Agenda - Thursday 14 December 2017 10 am

Objective of Working Group: (Terms of Reference)

To help guide the development of content of an updated Life After Care Booklet; including providing input, perspective and feedback on:

- Existence of current relevant content/similar guidebooks
- Whether the content information will meet the needs of the target audience
- Gaps in information , resources etc.
- Potential sources of further content.
- Help quality assure the resource and provide guidance on engagement with target audiences.

Meeting agenda for Life After Care Virtual Working Group – December 2017

In 2017 we took a more central role in the Encare Project on resilience in caregivers of people with dementia. While our original role was through the employment of a research assistant focusing on the dissemination aspect of the project, our role became more central as the year progressed. Indeed, our research assistant has now taken on a project management role within UCD. Thanks to additional funding from the HRB/Knowledge Exchange (KED) scheme, we will now be able to reach out to more Family carers across the country through seminars and workshops. We are delighted that specific funding has been secured that will provide financial support for Family carers to take part.

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Members of the EnCare Working Group – on the Twitter Site

Our Policy and Research Officer continued to be active in a range of areas, most noticeably in the preparation and publication of a number of discussion documents:

- Discussion Paper 6: Disability and Family Carer Policy – Challenges and Responses
- Discussion Paper 7: Romancing the Carer – Intimate Relationships and Family Caring.

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Two of the discussion papers published in 2017

Stakeholder Feedback

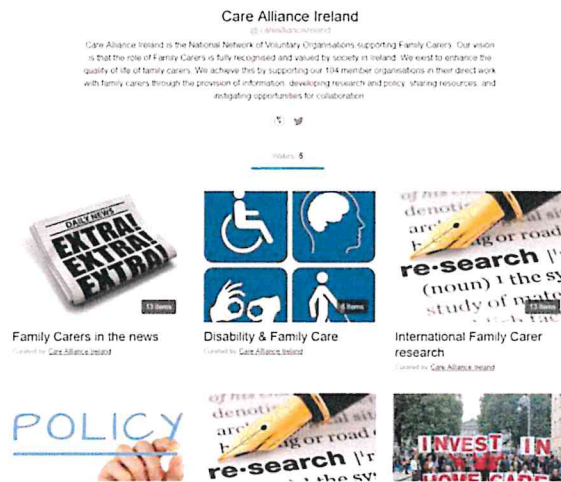
'Read your discussion paper on caring and stigma last week, thought it did a very good job of broaching what's an interesting issue and one generally approached obliquely through another subject, but quite unexplored by itself.'

Paul O'Mahoney, Family carers Ireland

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Our Policy and Research Officer has also put together a significant collection of research, policy, and practice reports, hosted within the online Wakelet model, as well as providing material for the Eurocarers research depository.



Our own Wakelet Repository – <https://wakelet.com/@careallianceireland>

Our organisation is also represented on the Social Policy Network – a group of NGOs that meets quarterly.

Stakeholder Feedback

'Just a quick note to say I love the new format you have adopted with Wakelet. Really clear and user friendly! Well done!'

Dr Attracta Lafferty, UCD School of Nursing, Midwifery and Health System, University College Dublin

In September at our AGM we published a new overview report 'Trends in Family Caring in Ireland September 2017'. Frank Browne, President of the Irish Association of Social Workers, as well as Phil Dunne of the Irish Association of Occupational Therapists gave responses to the report.

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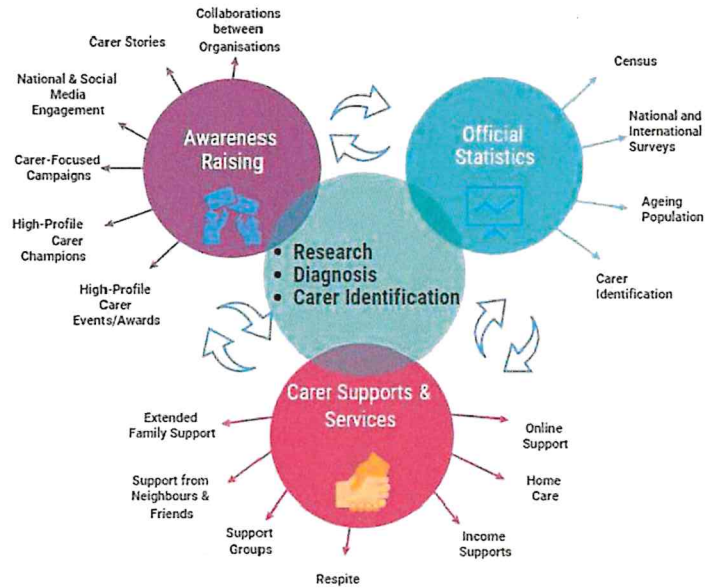


Figure 1 The relationship between awareness raising, official carer statistics and carer supports/services

Introducing a new model for understanding family caring (September 2017)

The Family Carer Research Group met three times in 2017 and its membership continued to increase throughout the year.

Care Alliance continues to be a key leader in the sector in considering and addressing research gaps. We have ongoing contact with senior academics across a number of third-level institutions regarding their Family Carer research proposals and projects.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

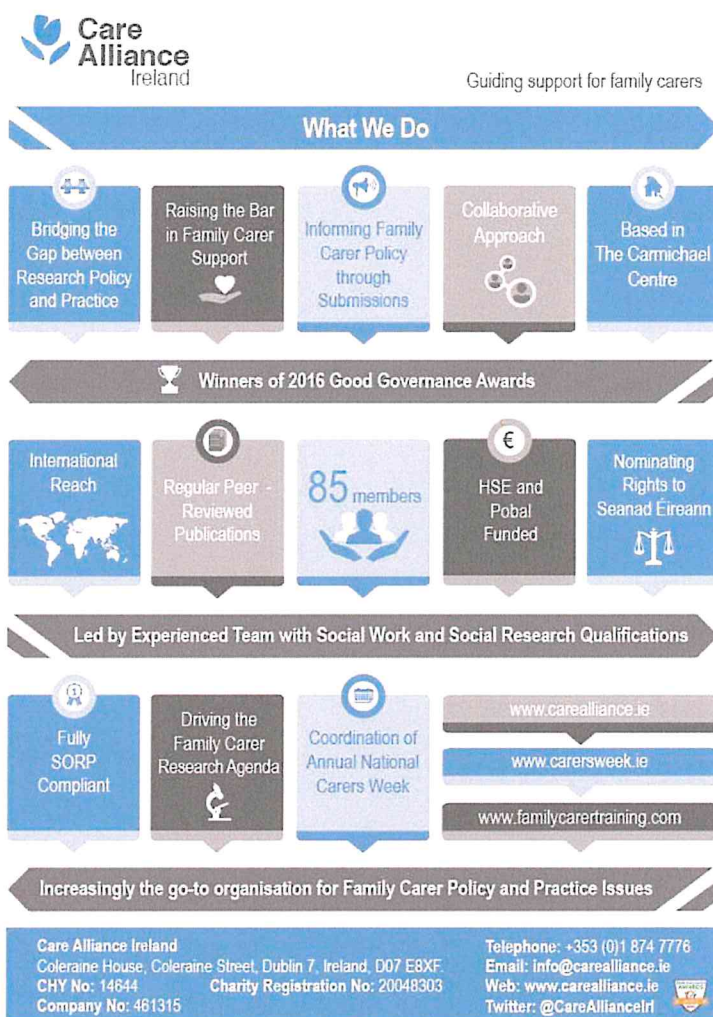
4. Building the profile and raising awareness of Care Alliance Ireland

- To expand our membership by 25% over the period 2014–2017
- To increase active engagement and participation of member organisations in the work of our alliance
- To continue leading and developing National Carers Week as the primary annual awareness-raising event for Family carers in Ireland, and to organise at least one other annual event/seminar that generates significant publicity and media interest
- To increase awareness and understanding of our activities using different channels, including social media.

Thanks to a membership development initiative, we welcomed twelve organisations to our alliance in 2017. A similar number were deemed to be no longer members; some explicitly left, others are no longer in existence and others did not respond to contact with respect to their membership status. Of note, Family Carers Ireland is no longer a member of our alliance but we continue to work with it on specific collaborative ventures.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017



Infographic prepared to support with our membership development initiative

While our net nominal level of membership between 2014 and 2017 did not change significantly, it is fair to say that we now have a membership that is more engaged, a membership that is more reflective of the wider NGO sector, and a membership that articulates its own work with Family carers in a more effective way.

Our collaborative pre-Budget media event with other national federations secured little media attention at the time. However, material income gains were secured again in Budget 2018 for fulltime Family carers, and income (both state and other) for a number of our member organisations appears to be continuing to increase. This should result in better supports for Family carers. Increases in home care

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

delivered in 2017 were material, and a commitment in the HSE Service Plan for 2018 to deliver 4.5% more home care hours is also significant and reflective of the ongoing advocacy work undertaken by a range of not-for-profit organisations. The improving economy is of course also a factor.

The eleventh National Carers Week (2017) took place from June 12 to June 18 and again proved a successful event. This annual event has now matured, with a large and growing group of partners, supporters and event organisers, together with consistently high levels of media coverage in all media fora. There were a number of new developments in 2017 including new merchandise (hand warmers and shopping bags) as well as a live Twitter discussion (#IrishMed). There was much national media coverage of the needs of male carers, which is most welcome.

'Lots of fulltime Family carers don't get a chance to spend time on their own. You could pop over with a cake to say "hey, this is for you. You're doing something really important, and you're doing a great job." Maybe you could help out with some of those niggling tasks in the garden that get put on the long finger because they're too exhausted by the end of the day to think about pulling up weeds.'

Zoe Hughes, Policy and Research Officer, Evening Echo, June 13th, 2017

Stakeholder Feedback

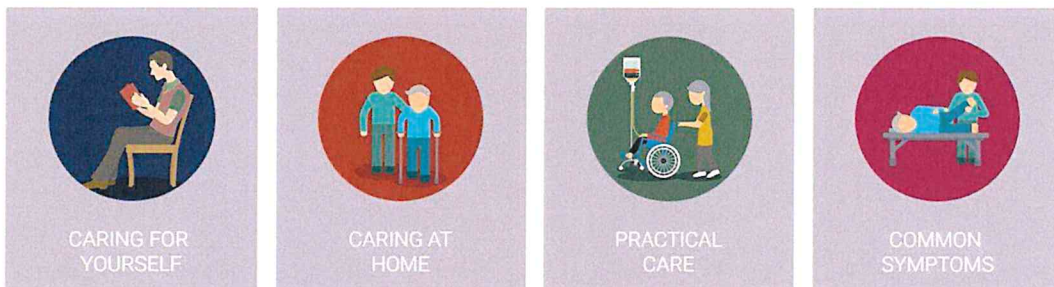
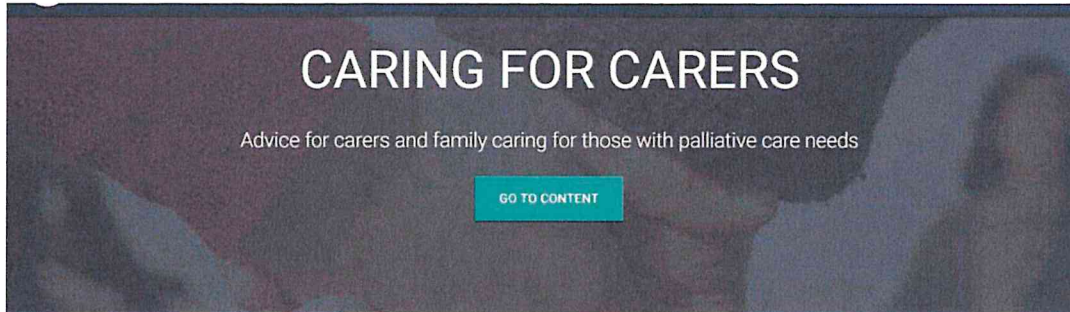
'A huge thank you from me on all the work completed in Carers Week 2017. It was St. Michael's House first experience of being an official partner and it was a welcomed and positive one. The Carers Week is part of the communication plan for 2018. We look forward to engaging more of our teams on the ground. It was lovely to meet and work with you all.'

Barbara Wiseman, Head of Communications, St Michaels House

Care Alliance Ireland

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In addition, a number of research documents and resources were launched by a range of organisations as part of National Carers Week.



New website to support those caring for people with life-limiting conditions – launched in June 2017 as part of National Carers Week. See www.aiihpc.org

As part of the week, our social media activities remained strong, primarily through the NationalCarersWeek Facebook page that we manage. Twitter also became more relevant for the project this year. The Facebook page became one of the most active Facebook pages within the NGO sector in Ireland. The page reached 145,598 users (compared with 138,000 in 2016) in the week before Carers Week, and secured 6,680 engagements (2016 – 6,392) over the course of the week. Mindful of the limitations of engaging people through social media, we nonetheless believe it to be an effective and very efficient way of offering occasional support, information and at times inspiration to Ireland's Family carers – throughout the year.

A full review of the week was undertaken but unfortunately we were unsuccessful in a National Lottery funding application to support the project for 2018. This may yet have a material impact on the delivery of National Carers Week 2018. Efforts to secure corporate sponsorship for the week are ongoing.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Throughout the year we continued to manage a large and growing Facebook following on our NationalCarersWeek Facebook page. This following has grown from approximately 4,500 in early 2014 to almost 18,000 currently. We constantly review this activity to ensure that it is in keeping with our core principles. We are increasingly using our Twitter account (@CareAllianceIrl) to reach and engage with a wide range of stakeholders, and to support many of our member organisations' specific campaigns.

In early 2015 we made the decision to set up a Twitter account. The account is now proving to be a useful way to engage internationally with academics and others with an interest in improving the delivery of supports for Family carers. Levels of engagement are increasing in each quarter. We have posted over 3,000 Tweets and have in excess of 1,200 followers.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

5. Ensuring we have the capacity and resources to progress strategic priorities

- To secure the resources required to successfully implement our vision, mission and objectives
- To develop and implement exemplary operational and governance structures, and to promote this philosophy and practice among our members
- To support the ongoing development of our staff, volunteers and Board of Directors.

Three-year funding (2016–2019) under the Scheme to Support National Community and Voluntary organisations (SSNO) is key to our organisation and in 2017 represented just under 50% of our annual funding. Together with modest funding from the HSE, 2017 was again a year in which we could focus less on securing funds and more on delivering real impact and outcomes. Continued funding from these two sources is crucial to our continued work.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017



Governance matters to our organisation. Over the years we have striven to excel in this area. This work was rewarded again in November when we were category winners of the Inaugural Good Governance Awards (Small Charity Category); this represents back-to-back wins.

Stakeholder Feedback

In response to our winning of the Good Governance Awards in October 2017:

'It really is a testament to how effectively you conduct and manage your work and your standards of support to the Family Carer Community. Congratulations!'

Dr Bernadette Rock, Policy and Research Manager, The Alzheimer Society of Ireland

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Regulatory and funder requirements place demands on our organisation, but not at a level that we believe to be overly burdensome. We make regular reports on lobbying activities, complaints as well as activity reports. New policies developed in 2017 include a Continuity Plan and a Recruitment Policy. Ten other policies were reviewed/updated by the Board in 2017.

Further to the Companies Act 2014, it was considered good practice to review and update our governing documents. Following preparation of a draft by the Executive Director, and review by the Charities Section of the Revenue Commissioners, the Board of Directors approved a new governing document in August entitled 'the Constitution'. This merged the Memorandum and Articles of Association into one document. These changes were approved at the AGM in September.

 **Care Alliance Irl** @CareAllianceIrl · 21 Sep 2017
New Constit. approved at yesterdays EGM. Thanks to @PallasDiarmaid
@CarmichaelCntr & to Patricia Towey @HDAI_ie for their helpful guidance.

COMPANIES ACT 2014

CONSTITUTION OF CARE ALLIANCE IRELAND,

A COMPANY LIMITED BY GUARANTEE AND NOT HAVING A SHARE CAPITAL

AS ADOPTED BY SPECIAL RESOLUTION ON

19th SEPTEMBER 2017

Our New Constitution

This new governing document is based on the model proposed by the Charities Regulator and that currently used by the Carmichael Centre. Some of the rules/procedural aspects that were previously in the Memorandum and Articles of Association are now contained in a new *Company Governance Handbook*. This makes changes to election rules/procedures etc. easier to progress for the future, without the necessity to call EGMs.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Our staff are highly qualified and skilled at delivering on our objectives. Their skills include project management, analysis, communication, report writing and the facilitation of collaboration. Two of our staff have professional qualifications in Social Work. Other qualifications within the team include Social Research, Implementation Science and Psychology. Collectively they have demonstrated an ongoing openness to learning and Continued Professional Development, as evidenced by their participation in a number of short skills development courses throughout 2017. A culture of sharing and mentoring is encouraged by the leadership of the organisation.



Liam O'Sullivan



Zoe Hughes



Denise Dunne



Sandra McCarthy

Our Staff

Both staff and board members availed of appropriate training opportunities that arose during the year. Specifically, our Executive Director completed a post-graduate course in Implementation Science. In October our Policy and Research Officer began her part-time PhD in Social Studies (UCC). A number of our board members took part in governance training throughout 2017. In addition to our Board of Directors, all of whom are volunteers, Care Alliance was supported by other volunteers including current and former Family carers. These volunteers support our work through their participation in working groups and publicity events.

All staff undertake performance appraisals and are provided with regular staff supervision. Salary increments are not part of any staff employment contracts and any changes to remuneration are based on funds available, performance and sectoral norms.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Supporting Member Organisations and International Alliances

1. To support the development of member organisations through the provision of services and supports that will strengthen their organisational effectiveness and corporate governance structures
2. To share with members details of funding opportunities relevant to their work with Family carers
3. To develop international links and to participate in international networks to facilitate the transfer of good practice and policies.

In mid-2017 we were successful in a HRB/ignite Research Award with the University of Limerick and others. This will entail our Policy and Research Officer being trained in the principles of Public and Patient Involvement (PPI) in research. Our particular contribution to this project will be to help build the capacity of the not-for-profit sector to become an active partner in primary research rather than continuing in the previous more passive gate-keeper role.

Our comprehensive approach to communicating with our members gives expression to our efforts to enhance their own individual and organisational response to supporting Family carers. We respect the independence of our member organisations, yet actively encourage them to deliver higher-quality supports for Family carers. We have again this year shared a number of our policy templates with some member organisations at their request.

We scan for funding opportunities and regularly share these details with member organisations. We had discussions with a number of member organisations about undertaking joint bids for some of the Dormant Account Funds (for Family carers in Transition) However, we decided against making bids.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

In May we jointly presented a paper with a HSE colleague on developing a Carer Needs Assessment, at the Integrated Care Conference in Dublin.

In 2017 we were particularly active internationally, with participation in the *7th International Carers Conference*, where we presented three oral papers and three posters. We also attended meetings of the International Alliance of Caregiver Organisations (IACO) and Eurocarers.

Title	Status	Document	
Carer Needs Assessment Development - The Experience in Ireland	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View
Do Leaflet Drops and Targeted Social Media Ads Increase Carer Identification	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View
Having an Impact: Supporting High Quality Family Carer Training	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View
Post-Caregiving: Family Carers' Experiences of Role and Identity Transition on Cessation of the Caring Role – Implications for Policy and Practice	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View
Stigma Experienced by Family Carers	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View
Supporting Professionals to Support Young Carers - an EU Experience	Submitted and Under Review	<input checked="" type="checkbox"/> Abstract Upload	View

CONFERENCE SOLUTIONS

Contact: Carer's Australia Conference Secretariat P: + 61 2 6285 3000 E: carersaustralia@con-sol.com

Oral and poster presentations delivered at the 7th International Carers Conference

Care Alliance Ireland
Directors' Report
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Our Executive Director, Liam O'Sullivan, presenting one of three oral papers at the International Carers Conference

We believe that we have a role to play in supporting the development of the carers movement internationally, and we give modest but specific support and encouragement to emerging carers organisations in other countries. For example, we reviewed a draft publication relating to carers in transition for Carers New Zealand.

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Directors' Report
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Financial Review

The results for the year show a net operating deficit of €3,663 for 2017 (2016 – €6,305 surplus).

Our organisation's income for 2017 was €167,813 and our expenditure was €171,507.

The results were moderately better than budgeted for in comparison with the budget approved by the Board in November 2016. Our overall income for the year was as per budgeted. Our expenditure was approximately €6,000 under budget due mainly to underspends in room hire, stationery expenditure and staff development.

We are confident that in 2018 our overall income will increase moderately thanks to successful bids in a number of new projects. A balanced budget for 2018 has been approved by the Board.

We continue to seek ways to diversify our income streams. Our three biggest funders in 2017 were the Department of Rural and Community Development (50%), the European Commission (15%), the Health Service Executive (14%), and the Health Research Board (11%). Other sources of income in 2017 included National Lottery Grants, Carers Week partner contributions, consulting fees and membership fees. On the expenditure side, staff salaries were the biggest outlay (60%), followed by Carers Week project expenditure (8%).

Risk Management

The Board recognises and regularly reviews the major risks to which we could be exposed. We consider risk not only in terms of safety and security of staff but equally in terms of financial, operational, reputational, governance and other risks that might affect our ability to deliver a quality service for our stakeholders and the public. Key risks identified in 2017 include poorly diversified income streams and the organisation being overly reliant on one staff member. Actions taken to mitigate these risks include greater efforts at securing other income streams, in particular research income, and a widening of responsibilities among other staff

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

members. The Directors are satisfied that a comprehensive set of policies and procedures are in place to mitigate exposure to major risks. In late 2017, the risk register was reviewed and updated. Using a risk classification and matrix based on likelihood and impact, high, medium and low risks were identified. Actions undertaken or proposed to ameliorate risks are included in the risk register. A review of the Health and Safety statement will be carried out in early 2018.

Reserves Policy

The Board of Directors has set a reserves policy that reserves be maintained at four months' expenditure based on the previous year's audited accounts. Care Alliance had reserves of €38,452 at 31 December 2017 and this was insufficient to meet the four months' expenditure requirement of its reserves policy. The Directors note that while the current level of reserves (two-and-a-half months) is not in keeping with the official policy, the policy itself remains adequate. The organisation is committed to attempting to build up the reserves over a three-year period. Restrictions placed by many funders make this a real challenge.

Investment Policy

The Board's policy is to keep significant surplus cash on short-term deposit providing a market rate of interest. The ongoing historically low interest rates for deposit accounts has continued to result in lower investment income. The Board does not consider it prudent to place its surplus funds in other asset classes.

Legacy Income

It is our view that we are unlikely to receive legacy income. For this reason we do not currently have a legacy income policy.

Donated Facilities/Goods/Services Policy

It is our view that the level of such services is small overall, and as such does not warrant a policy.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

Future Developments and Plans for Future Periods

Our 2014–2017 Strategic Plan was developed following extensive consultation with key stakeholders. The resources available for its implementation have directly influenced the scope and reach of the plan. We are currently reviewing its implementation and impact and a new plan will be published in 2018. We anticipate that our work in specific collaborative research projects will become a more material aspect of our activities into the future. We anticipate that engaging with and collaborating with our membership will remain key to our work. We will continue to make considered, comprehensive and impactful submissions, and publish a range of relevant discussion documents. The new Strategic Plan will provide more definitive details about future plans.

Events Since the End of the Year

We are now at the end of our current Strategic Plan. Activities from January to April 2018 advanced the targets established in that plan and we are confident of exceeding our original KPIs for 2018 on most fronts. Details of all our activities and projects continue to be communicated through our website/newsletter/social media channels, and reported to our funders at required intervals. With the appointment of two additional staff in late 2016, throughout 2017 we have been able to expand our reach and to participate in both practice and academic research activities in a way not previously possible.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Structure, Governance and Management

We are registered as a charitable company limited by guarantee. In the event of Care Alliance being wound up, the liability in respect of the guarantee is limited to €1 per member. Care Alliance has a constitution and is a registered charity (CHY 14644, Charity Registration No: 20048303). Care Alliance's goals and approaches are guided by its charitable objectives as laid out in these documents.

The Board of Directors, elected and co-opted under the terms detailed in the *Company Governance Handbook* (available on our website), has overall responsibility for strategic development, in close liaison with the Executive Director. Donal McKenna is the Board Chairperson, Fergus O'Rourke is the Board Treasurer and Rosemary Daynes is the Company Secretary. Liam O'Sullivan, the Executive Director, manages the operations and is not a member of the Board. The Board is responsible for providing leadership, setting strategy and ensuring control. It comprises nine non-executive Directors. The Board's Directors are drawn from diverse backgrounds in not-for-profit organisations, business and other professions. They bring to board deliberations the significant business and decision-making skills developed in their respective fields, together with a broad range of experience and views. The Chairperson, Donal McKenna, is a scientist by profession, holds an MBA and has in excess of 25 years' experience in managing his own business. The Treasurer, Fergus O'Rourke, is an accountant by profession, with over 30 years' experience in consulting. One of our other board members, Phil Dunne, is an Occupational Therapist by profession, and is also a volunteer with St. Francis Hospice and the Dogs Trust.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Our current Directors' biographies are available on our website. The majority have experience as Family carers.



Donal McKenna-
Chairperson



Rosemary Daynes



Deirdre Shanagher



Annie Dillon



Fergus O'Rourke-
Treasurer



Phil Dunne



Hazel Mulligan



Ann Walsh



Barbara Barrett

Our nine volunteer Directors

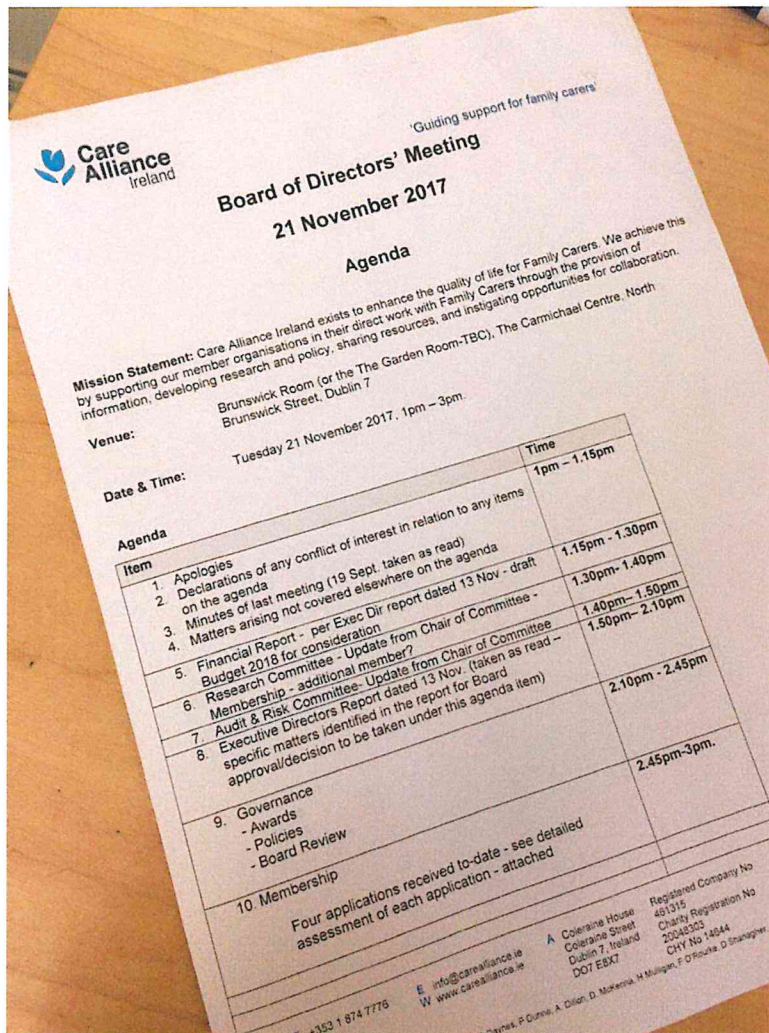
Suitable potential directors are identified in three ways: firstly by member organisations, secondly through Boardmatch Ireland and thirdly through professional contacts. The Chair manages this process, which includes review of CVs, interviews and follow-up of references. In 2017, the Chair and Executive Director took deliberate steps to seek new directors, in particular from leading disability organisations. We anticipate that these efforts will bear fruit in 2018. A formal review of board performance, led by the Chair, was undertaken in Nov 2017, with the support of the online www.boardcheckup.com tool.

The role of Chairperson and Executive Director are separate. The Directors are committed to maintaining the highest standard of corporate governance and they believe that this is a key element in ensuring the proper operation of Care Alliance's activities. Conflicts of interest and loyalty are considered through statements of interests, and through standing items at board meetings. All Directors are required to sign a Conflict of Interests Compliance Statement in which they state that they are aware of their obligations as a member of the Board of Directors of Care Alliance Ireland.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

They also undertake to furnish to the Company Secretary full particulars of their interests, which include their employment, all business interests, and community involvement, including voluntary work for charities that might involve a conflict of interest or might materially influence them in relation to the performance of their functions as a member of the Board or their partiality. They also undertake to notify the Company Secretary of any changes to these interests.



Agenda from November 2017 Board meeting

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

At its March 2018 meeting, the Board formally reiterated its full compliance with the Governance Code for Community, Voluntary and Charitable Organisations.

In line with the compliance requirements of the Governance Code, the Directors wish to make the following confirming statement:

We comply with the Governance Code for Community, Voluntary and Charitable Organisations in Ireland. We confirm that a review of our organisation's compliance with the principles in the Code was conducted in February 2018. This review was based on an assessment of our organisational practice against the recommended actions for each principle. The review sets out actions and completion dates for any issues that the assessment identifies as needing to be addressed.

As per best practice, explanations of any variances from the Governance Code that exist within our organisation are detailed below.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

Practice number	Practice statement	Explanation of why organisation has not complied
1.1C	Review Strategic Plan at least every three years so that that the organisation is still relevant.	Our current Strategic Plan (SP) runs for 4 years (2013–2017). The Board is of the view that a four-year time frame is appropriate for our organisation, noting its relatively simple structure and small size. A review of the SP is underway and we anticipate developing a new SP in 2018.
4.1C	Appoint a sub-committee with a governance remit to do a yearly review of: board roles; the Board's terms of reference; membership of board and sub-committees; your organisation's adherence to the Governance Code's recommended practices.	Due to the small size of the organisation, the Board considers that these tasks can be undertaken at the full board meeting led by the Chair.

There is clear division of responsibility between the Board and the Executive Director, with the Board retaining control of major decisions under a formal schedule of matters reserved to the Board for decision, while the Executive Director is responsible for devising strategy and policy within the authority delegated to him by the Board. Care Alliance has a comprehensive process for reporting management information to the Board. The Board meets regularly, as required, and met five times during 2017. On appointment, Directors receive a formal induction programme and are provided with comprehensive briefing documents designed to familiarise them with Care Alliance's operations, management and governance structures. All Directors are appointed for a six-year term and a proportion offer themselves for re-election by rotation at the AGM annually.

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

There were three resignations from the Board in 2017, namely Clare Duffy, Dermot Maguire and Jimmy Duggan. Their significant contribution is acknowledged. We secured two new Directors in 2017: Barbara Barrett, a former Family Carer and Annie Dillon, a senior practitioner with the Alzheimer Society. They both have brought a new perspective and rigour to the Board's deliberations.

We anticipate that there will be new appointments made in 2018. Board attendance averaged 73% (2016 – 75%) over the course of 2017.

Board Attendance Rates 2017

Name	Feb 2017	Apr 2017	July 2017	Sept 2017	Nov 2017	Total	Max. poss.	Attend. Rate (%)
Hazel Mulligan	1	1	1	1	1	5	5	100%
Phil Dunne	1	1	1	1	1	5	5	100%
Donal McKenna	1	1	1	1	1	5	5	100%
Ann Walsh	0	0	0	0	0	0	5	0%
Deirdre Shanagher	1	0	1	1	1	4	5	80%
Rosemary Daynes	1	1	0	0	0	2	5	40%
Clare Duffy	1	0	n/a	n/a	n/a	1	2	50%
Fergus O'Rourke	1	1	1	1	1	5	5	100%
Barbara Barrett	n/a	n/a	1	0	1	2	3	67%
Annie Dillon	n/a	0	1	1	1	3	4	75%
						32	44	73% Ave.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

Committees of the Board

We have two board committees, namely the Audit and Risk Committee and the Research Committee. The role of the Audit and Risk Committee is to oversee the efficient financial and risk management of Care Alliance, including the raising, collection, investment, borrowing and outlay of all monies. The terms of reference of the Audit and Risk Committee are approved by the Board. The committee met once in 2017.

The role of the Research Committee is to support Care Alliance Ireland's strategic priority 'Supporting primary and applied research on family caring and the role of Family carers'. The research committee is consulted regularly by the Executive Director on matters within its terms of reference. In 2017, the committee considered twelve substantial topics, all of which were managed by the Chair of the committee using email correspondence. Any items that the Chair judged to require further full board consideration were considered at the next board meeting. The Board believes this method of operation for this committee is acceptable.

Directors' Responsibilities Statement

The Directors (who are also Directors of Care Alliance Ireland for the purposes of company law) are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and Irish/UK Accounting Standards (Irish/UK Generally Accepted Accounting Practice).

Irish company law requires the Directors to prepare financial statements for each financial year. Under the law the Directors have elected to prepare the financial statements in accordance with Companies Act 2014 and accounting standards issued by the Financial Reporting Council, and promulgated by Chartered Accountants Ireland, including FRS 102, the Financial Reporting Standard applicable in the UK and Ireland (Generally Accepted Accounting Practice in Ireland). Under company law, the Directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the charitable company as at the

Care Alliance Ireland

Directors' Report For the year ended 31 December 2017

financial year end date, and of the surplus or deficit of the charitable company for the financial year, and that they otherwise comply with the Companies Act 2014. In preparing these financial statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect of and reasons for any material departure from those standards.
- Prepare the financial statements on the going-concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Directors are responsible for ensuring that the charitable company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the charitable company; enable at any time the assets, liabilities, financial position and profit or loss of the charitable company to be determined with reasonable accuracy; enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014; and enable the financial statements to be audited. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

Declaration of Interests

All members of the Board declare relevant interests on an annual basis. At the beginning of each board meeting, all Directors are invited to declare any conflicts of interests in respect of agenda items.

Thanks

We are very grateful to all our funders for both new and continued support. The following organisations and supporters provided grants and/or contracts that contributed to our success in the last year: the Department of Rural and Community Development, the Health Service Executive, the National Lottery, the European Commission, the Health Research Board. We also thank the Carmichael Centre for their continued support and specifically for the provision of mentoring and shared premises.

Independent Auditor

Duignan Carthy O'Neill resigned as auditors during the period and the directors appointed Duignan Carthy O'Neill Limited to fill the casual vacancy. Duignan Carthy O'Neill Limited have expressed their willingness to continue in office in accordance with the provisions of section 383(2) of the Companies Act 2014.

Accounting Records

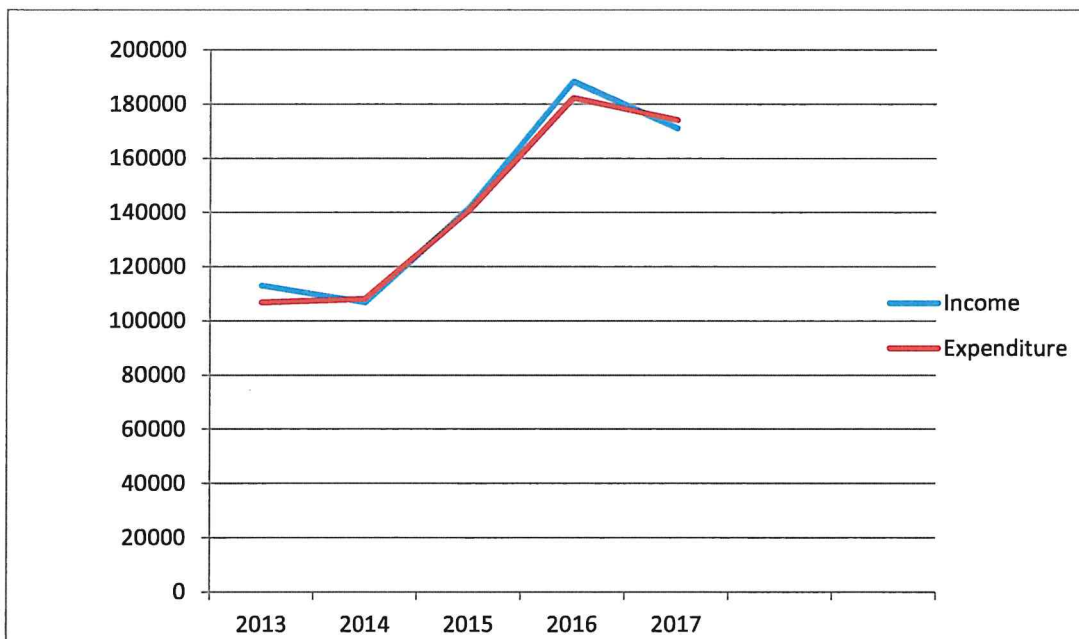
The measures taken by the Directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014, with regard to the keeping of accounting records, are the implementation of necessary policies and procedures for recording transactions, employment of appropriately qualified accounting personnel with appropriate expertise, the provision of adequate resources to the financial function and the maintenance of computerised accounting systems. The Company's accounting records are maintained at the Company's registered office at Coleraine House, Coleraine Street, Dublin 7.

Care Alliance Ireland
Directors' Report
For the year ended 31 December 2017

Statement on Relevant Audit Information

In the case of each of the persons who are Directors at the time this report is approved in accordance with section 332 of the Companies Act 2014:

- so far as each Director is aware, there is no relevant audit information of which the Company's statutory auditors are unaware, and
- each Director has taken all of the steps that he or she ought to have taken as a Director in order to make himself or herself aware of any relevant audit information and to establish that the Company's statutory auditors are aware of that information.



5 Year Financial Summary - Trading Income and Expenditure 2013-2017

This report was approved by the Directors:

Donal McKenna
Director

Fergus O'Rourke
Director

Date: May 8th 2018

Independent Auditors' Report to the members of Care Alliance Ireland

We have audited the financial statements on pages 56 to 75 of Care Alliance Ireland for the year ended 31 December 2017 which comprise the Statement of Financial Activities, the Balance Sheet, Statement of Changes in Funds, Statement of Cashflows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish law and FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

This report is made solely to the company's members as a body in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters that we are required to state to them in the audit report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company or the company's members as a body for our audit work, for this report, or for the opinions we have formed.

Opinion

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company's affairs as at 31st December 2017 and of its result for the year then ended;
- have been properly prepared in accordance with Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' ; and
- have been prepared in accordance with the requirements of the Companies Act 2014

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs(Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Independent Auditors' Report to the members of Care Alliance Ireland

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (Ireland) require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The directors are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditors' report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report this fact.

We have nothing to report in this regard.

Independent Auditors' Report to the members of Care Alliance Ireland

Opinion on other matters prescribed by the Companies Act 2014

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the applicable legal requirements.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited, and financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report.

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Respective responsibilities

Respective responsibilities of directors for the financial statements

As explained more fully in the Directors' Responsibility Statement on pages 48 - 49, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

**Independent Auditors' Report to the members of
Care Alliance Ireland**

Auditors' responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at: [https://www.iaasa.ie/Publications/ISA-700-\(Ireland\)](https://www.iaasa.ie/Publications/ISA-700-(Ireland)). The description forms part of our Auditor's Report.

Timothy P Carthy

Timothy Carthy

for and on behalf of

Duignan Carthy O Neill Limited

Chartered Accountants

Registered Auditors

84 Northumberland Road

Dublin 4

Date : *8 MAY 2018*

Care Alliance Ireland

**Statement of Financial Activities
for the year ended 31 December 2017**

Income and Expenditure	Note	Restricted Funds 2017 €	Unrestricted Funds 2017 €	Total Funds 2017 €	Restricted Funds 2016 €	Unrestricted Funds 2016 €	Total Funds 2016 €
Incoming Resources							
Revenue Funding Grants	2.13	107,736	-	107,736	110,143	-	110,143
Projects	2.13	55,903	-	55,903	74,762	-	74,762
Other Income		-	4,174	4,174	-	3,395	3,395
Total Incoming Resources		163,639	4,174	167,813	184,905	3,395	188,300
Resources Expended							
Expenditure on Charitable Activities	3	167,694	3,813	171,507	179,315	2,768	182,083
Total Resources Expended		(167,694)	(3,813)	(171,507)	(179,315)	(2,768)	(182,083)
(Deficit)/surplus on ordinary activities before interest		(4,055)	361	(3,694)	5,590	627	6,217

Care Alliance Ireland


**Statement of Financial Activities
for the year ended 31 December 2017**


Income and Expenditure (continued)

	Note	Restricted Unrestricted Funds 2017 €	Total Funds 2017 €	Restricted Unrestricted Funds 2016 €	Total Funds 2016 €
(Deficit)/surplus on ordinary activities before interest		(4,055)	361 (3,694)	5,590	6,217
Interest receivable and similar income		-	31 31	-	88
Net (Expenditure)/Income for the year	13	(4,055)	392 (3,663)	5,590	6,305

All activities are in respect of continuing operations.

The financial statements were approved by the Board of Directors on 8 May 2018 and signed on its behalf by:


Donal McKenna
Director


Fergus O'Rourke
Director

Care Alliance Ireland

A Company Limited by Guarantee and not having a Share Capital

Balance Sheet
as at 31 December 2017

	Notes	2017 €	2016 €
Fixed Assets			
Tangible assets	7	-	-
		<u>-</u>	<u>-</u>
		-	-
Current Assets			
Debtors	8	469	4,805
Cash at bank and in hand	9	65,819	73,646
		<u>66,288</u>	<u>78,451</u>
Creditors: amounts falling due within one year	10	<u>(27,836)</u>	<u>(36,336)</u>
Net Current Assets		<u>38,452</u>	<u>42,115</u>
Total Assets Less Current Liabilities		<u>38,452</u>	<u>42,115</u>
Reserves			
Reserves (all unrestricted)	12	<u>38,452</u>	<u>42,115</u>
Funds	13	<u>38,452</u>	<u>42,115</u>

The financial statements were approved by the Board of Directors on 8 May 2018 and signed on its behalf by:


Donal McKenna
Director


Fergus O'Rourke
Director

Care Alliance Ireland

**Statement of Changes in Funds
for the year ended 31 December 2017**

	Funds account €	Total Funds €
At 1 January 2017	42,115	42,115
Retained deficit for the year	(3,663)	(3,663)
At 31 December 2017	<u>38,452</u>	<u>38,452</u>

In respect of prior year:

	Funds account €	Total Funds €
At 1 January 2016	35,810	35,810
Retained deficit for the year	6,305	6,305
At 31 December 2016	<u>42,115</u>	<u>42,115</u>

Care Alliance Ireland

**Statement of Cash Flows
for the year ended 31 December 2017**

	2017	2016
	€	€
Cash flows from operating activities		
Net income/(expenditure) for the year	(3,694)	6,217
Decrease/(Increase) in debtors	4,336	(1,190)
(Decrease)/Increase in creditors	(8,500)	30,022
Net cash flows from operating activities	<u>(7,858)</u>	<u>35,049</u>
Cash flows from investing activities		
Interest received	31	88
Net cash flows from investing activities	<u>31</u>	<u>88</u>
Net Increase/ (Decrease) in cash and cash equivalents	<u>(7,827)</u>	<u>35,137</u>
Reconciliation of net cash flow to movement in net debt (Note 20)		
Increase/ (Decrease) in cash and cash equivalents in the year	(7,827)	35,137
Net Cash at 1 January 2017	<u>73,646</u>	<u>38,509</u>
Net Cash at 31 December 2017	<u>65,819</u>	<u>73,646</u>

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

1. Statement of Compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', Charities SORP (FRS 102) and the Companies Act 2014.

2. Accounting Policies

2.1. Basis of preparation of financial statements

The financial statements have been prepared in accordance with accounting standards generally accepted in Ireland and Irish statute comprising the Companies Act 2014, and the Charities SORP (FRS 102). Accounting Standards generally accepted in Ireland in preparing financial statements giving a true and fair view are those published by Chartered Accountants Ireland and issued by the Financial Reporting Council.

Care Alliance Ireland is constituted under Irish company law as a company limited by guarantee and is a registered charity and has adopted and reported its performance in accordance with the format provided for in the Charities SORP and in particular reports its performance for the financial year in the format of the SORP's Statement of Financial Activities (SOFA).

Companies Act 2014 which became effective in law on 1 June 2015 and from that date applied the format and content of financial statements requirements appropriate for a company trading for the profit of its members to a company that is a not for profit organisation. In order to provide information relevant to understanding the stewardship of the directors and the performance and financial position of the charity, Care Alliance Ireland has prepared its financial statements in accordance with the formats provided for in the Charities SORP (FRS 102) consistent with the prior year.

The directors consider the adoption of the SORP requirements is the most appropriate accounting to properly reflect and disclose the activities of the organisation. Had the Companies Act format and content of financial statements requirements suitable for a company trading for the profit of its members been presented instead, a profit and loss account with related notes showing items such as Turnover and Cost of Sales would have been reported along with a "profit" on ordinary activities before taxation.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

2.2. Judgments and key sources of estimation uncertainty

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors have prepared budgets and cash flows for a period of at least twelve months from the date of the approval of the financial statements which demonstrate that there is no material uncertainty regarding the company's ability to meet its liabilities as they fall due, and to continue as a going concern. On this basis the directors consider it appropriate to prepare the financial statements on a going concern basis. Accordingly, these financial statements do not include any adjustments to the carrying amounts and classification of assets and liabilities that may arise if the company was unable to continue as a going concern.

2.3. Company name

The company received approval under section 1180(1) of the Companies Act 2014 to omit the word 'Company Limited by Guarantee' from its name.

2.4. Functional and presentation currency

Items included in the financial statements of the company are measured using the currency of the primary economic environment in which the company operates ("the functional currency"). The financial statements are presented in euro, which is the company's functional and presentation currency and is denoted by the symbol "€".

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

2.5. Tangible fixed assets and depreciation

Tangible fixed assets under the cost model are stated at cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

The company adds to the carrying amount of an item of fixed assets the cost of replacing part of such an item when that cost is incurred, if the replacement part is expected to provide incremental future benefits to the company. The carrying value amount of the replacement part is derecognised. Repairs and maintenance are charged to income or expenditure during the period in which they are incurred.

Depreciation is provided on all tangible fixed assets at the following annual rates calculated to write off the cost less residual value of each asset over its expected useful life on the straight line basis, as follows:

Office Equipment - 20% Straight Line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised within 'other operating income' in the Statement of Financial Activities.

2.6. Going concern

Care Alliance Ireland is reliant on continuing support from Government Bodies in the form of Grant Assistance and Corporate Support to ensure that the Company remains in operation for the foreseeable future.

2.7. Trade and other creditors

Trade and other creditors are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

2.8. Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

The company only enters into basic financial instruments transactions that result in the recognition of financial assets and liabilities like trade and other accounts receivable and payable.

Debt instruments like accounts receivable and payable are initially measured at present value of the future payments and subsequently at amortised cost using effective interest method. Debt instruments that are payable or receivable within one year, typically trade payables and receivables, are measured, initially and subsequently, at the undiscounted amount of the cash or other consideration expected to be paid or received.

Cash consists of cash on hand and demand deposits. Cash equivalents consist of short-term highly liquid investments that are readily convertible to known amounts of cash that are subject to an insignificant risk of change in value.

2.9. Provisions

Provisions are recognised when the company has a present legal or constructive obligation as a result of past events; it is probable that an outflow of resources will be required to settle the obligation; and the amount of the obligation can be estimated reliably.

Where there are a number of similar obligations, the likelihood that an outflow will be required in settlement is determined by considering the class of obligations as a whole. A provision is recognised even if the likelihood of an outflow with respect to any one item included in the same class of obligations may be small.

Provisions are measured at the present value of the expenditures expected to be required to settle the obligation using a pre-tax rate that reflects current market assessments of the time value of money and the risks specific to the obligation. The increase in the provision due to passage of time is recognised as a finance cost.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

2.10. Government grants

Grants are accounted under the performance model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to the Statement of Financial Activities at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of Financial Activities in the same period as the related expenditure.

2.11. Pensions

Pension benefits for employees are met by payments to defined contribution executive pensions.

The regular cost of providing retirement pensions and related benefits is charged to the Statement of Financial Activities over the employees' service lives on the basis of a constant percentage of earnings. The benefits made are into a defined contribution plan. The assets of the fund are held separately from the company in independently administered funds.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

2.12. Incoming resources

Income represents the total of grants, donations and fundraising activities related to the year.

Income is received by way of donations, gifts, grants and fund-raising events. Donations, gifts, and grants are included in full in the Statement of Financial Activities as soon as they are received. Income collected from fund-raising events is included in the Statement of Financial Activities as soon as it is credited in the bank.

Bank interest received is included in the Statement of Financial Activities as soon as it is credited to the bank account.

All income arose in Ireland.

Grant Funding	2017	2016
	€	€
HSE	23,976	23,976
Pobal - Scheme to Support National Organisations (SSNO)	83,760	86,167
	<u>107,736</u>	<u>110,143</u>

Projects	2017	2016
	€	€
Carers Week	16,100	13,491
National Lottery/ Young Carers Seminar	-	-
HRB Research	14,869	1,930
Governance & Training Seminars	-	2,065
Erasmus - EPYC	24,934	10,735
Family Carer Training	-	46,541
	<u>55,903</u>	<u>74,762</u>

Expenditure

All expenditure is charged in the period to which it relates.

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

..... continued

2.13.Taxation

The company is exempt from taxation due to its charitable status CHY No. 14644.

2.14.Reserves

Best practice requires that the company make a provision for a contingency fund. The Board of Directors has set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

..... continued

3. Resources Expended

This includes:	2017	2016
Project Expenditure	€	€
TOYAC Project	517	-
Carers Week	14,094	9,105
Eurocarers - IACO	500	764
Family Carer Training	150	26,918
HRB Project	53	110
Governance & Training Seminars	-	3,606
Newsletters	560	760
Seminars & Conferences	1,284	-
Publications	1,387	3,933
Project management & administration	-	500
Research & Evaluation	429	3,023
Erasmus - EPYC	587	998
Membership Development Costs	894	-
Total Project Expenditure	20,455	49,717
Legal, Professional, Administration & Employment Costs		
Wages & Salaries	102,595	86,703
Employer's PRSI Contributions	10,523	9,196
Staff Pension Costs	6,845	4,766
Staff Recruitment	43	86
Board Development & Governance Meetings	390	560
Rent	850	1,806
Insurance	6,186	5,892
HR Partnership Programme	1,061	948
Printing, Postage & Stationery	1,122	1,224
Telephone & Fax	2,506	3,263
Computer Costs	2,088	2,400
Travelling and subsistence	2,198	1,451
Accountancy & Payroll Fees	3,303	1,623
Audit & other professional fees	4,468	3,847
Other legal and professional	3,813	2,768
Bank Charges	554	-
Staff Development	125	343
Sundry Expenses	1,742	3,485
Subscriptions	150	995
Total	490	1,010
	151,052	132,366

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

4. Employees

Number of employees

The average monthly numbers of employees
(excluding the directors) during the year were:

	2017	2016
	Number	Number
All employees	<u>4</u>	<u>3</u>

Employment costs

	2017	2016
	€	€
Wages and salaries	102,595	86,703
Employers social insurance contributions	10,523	9,196
Pension costs	<u>6,845</u>	<u>4,766</u>
	<u>119,963</u>	<u>100,665</u>

Director's salary for 2017 was €Nil (2016 : €Nil).

The most senior staff member is the Executive Director. He was paid a whole time equivalent salary of €62,064 (€43,445 based on part-time employment in 2017) His total remuneration including Salary and Pension in 2017 was €46,395. No other staff member was in receipt of a whole time equivalent salary in excess of €40,500 in 2017.

There were no employees whose salary was in excess of €65,000.

5. Auditors Remuneration

	2017	2016
	€	€
Statutory audit	<u>3,813</u>	<u>2,768</u>

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

..... continued

6. Pension costs

Pension benefits for employees are met by payments to individual defined contribution Executive Pensions. Pension costs amounted to €6,845 (2016 - €4,766). The assets of the fund are held separately from the company in independently administered funds.

7. Tangible assets

	Fixtures, Furniture & Fittings €	Office Equipment €	Computer Equipment €	Total €
Cost				
At 1 January 2017	896	89	2,252	3,237
At 31 December 2017	<u>896</u>	<u>89</u>	<u>2,252</u>	<u>3,237</u>
Depreciation				
At 1 January 2017	896	89	2,252	3,237
Charge for the year	-	-	-	-
At 31 December 2017	<u>896</u>	<u>89</u>	<u>2,252</u>	<u>3,237</u>
Net book values				
At 31 December 2017	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
At 31 December 2016	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

8. Debtors: amounts falling due within one year

	2017 €	2016 €
Prepayments	469	327
Accrued income	-	4,478
	<u>469</u>	<u>4,805</u>

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

..... continued

9. Cash at Bank and in Hand	2017	2016
	€	€
Current Account	47,553	55,411
Deposit Accounts	18,266	18,235
	<u>65,819</u>	<u>73,646</u>
10. Creditors: amounts falling due within one year	2017	2016
	€	€
Pension	1,105	-
Other taxes and social security costs	(9)	-
Accruals	3,864	4,120
Deferred Income (a)	22,876	32,216
	<u>27,836</u>	<u>36,336</u>
Other taxes and social security costs include:		
PAYE & PRSI	<u>(9)</u>	<u>-</u>

(a) Deferred Income relates to grants received but unused at year-end. The balance is made up of €11,999 for an ongoing HRB research project, €2,548 for an ongoing Young Carers project and €8,331 in respect of two National Lottery grants.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

11. Financial Instruments	2017	2016
	€	€
Financial Assets		
Financial assets that are debt instruments measured at amortised cost	-	4,478
	<u>-</u>	<u>4,478</u>
	<u>-</u>	<u>(4,478)</u>
Financial Liabilities		
Financial liabilities measured at amortised cost	(26,740)	(36,336)
At 31 December 2017	<u>(26,740)</u>	<u>(36,336)</u>

Financial assets measured at amortised cost comprise accrued income.

Financial liabilities measured at amortised cost comprise accruals and deferred income.

12. Reserves

The Board of Directors have set a reserves policy which aims for reserves be maintained at a minimum of 4 months' expenditure based on the previous year's audited accounts.

The Organisation had reserves of €38,452 at 31 December 2017 and this was not sufficient to meet the 4 months' expenditure aims of its reserve policy.

Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

..... continued

13. Reconciliation of movements in funds

Closing Reserves allocated as follows:

	Opening Surplus 01/01/17		Closing Surplus 31/12/17
	€	2017	€
Restricted Funds	1,808	(4,055)	(2,247)
Unrestricted Funds	40,307	392	40,699
	<u>42,115</u>	<u>(3,663)</u>	<u>38,452</u>

14. Capital commitments

The company had no capital commitments at 31 December 2017.

15. Contingent liabilities

As outlined, the company has received government grants for revenue purposes. Should these grants not be used for the purpose specified, the grants will become repayable in whole or in part.

16. Related Party Transactions

The company has a policy of reimbursing directors for travel expenses incurred during the course of carrying out their duties. During the year ended 31 December 2017 the total expenses reimbursed amounted to €Nil. No other related party transactions took place during the year.

17. Ultimate parent undertaking

The company is controlled by its Members and the Board of Directors.

18. Post Balance Sheet events

There have been no significant events affecting the company since the year-end.

Care Alliance Ireland

Notes to the Financial Statements for the year ended 31 December 2017

..... continued

19. Key management personnel compensation

There was no compensation paid to key management personnel during the year ended 31 December 2017.

Key management are considered to be the Board of Directors.

20. Analysis of changes in net funds

	Opening balance €	Cash flows €	Closing balance €
Cash at bank and in hand	73,646	(7,827)	65,819
Net funds	<u>73,646</u>	<u>(7,827)</u>	<u>65,819</u>

21. Pobal Grant

Care Alliance Ireland received grant funding from Pobal, for the period from 1st July 2016 to 30th June 2019. The grant is for the Scheme to Support National Organisations (SSNO). The total monies that will be awarded in respect of the grant are up to €253,036 of which €83,760 was in respect of the current year.

These grants have been awarded to assist with staffing and core overhead costs and are not capital in nature.

Care Alliance Ireland have obtained an up to date Tax Clearance Certificate and are in compliance with the relevant circulars, including circular 44/2006.

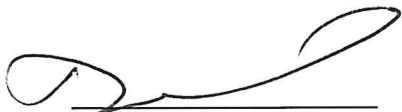
Care Alliance Ireland

**Notes to the Financial Statements
for the year ended 31 December 2017**

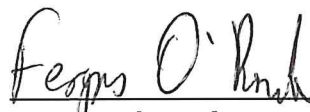
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22. Approval of financial statements

The financial statements were approved by the Board of Directors on 8 May 2018 and signed on its behalf by:



Donal McKenna
Director



Fergus O'Rourke
Director

Care Alliance Ireland

**Detailed Income and Expenditure Account
for the year ended 31 December 2017**

**The following pages are for the directors only
and do not form part of the statutory financial statements**

Care Alliance Ireland

**Detailed Trading Income and Expenditure Account
for the year ended 31 December 2017**

	2017	2017	2016	2016
	€	€	€	€
Incoming Resources				
HSE Grant Funding		23,976		23,976
Dept. of the Environment, Community & Local Government		83,760		86,167
Membership Fees		1,375		1,350
National Lottery/ Young Carers Seminar		-		-
Family Carer Training		-		46,541
HRB Research		14,869		1,930
Governance & Training Seminars		-		2,065
Erasmus - EPYC		24,934		10,735
Carers Week		16,100		13,491
Other Income		2,799		2,045
		<u>167,813</u>		<u>188,300</u>
Resources Expended				
Wages and salaries	102,595		86,703	
Employer's PRSI contributions	10,523		9,196	
Staff pension costs	6,845		4,766	
Staff Recruitment	43		86	
Board Development & Governance Meetings	390		560	
Rent	850		1,806	
Insurance	6,186		5,892	
HR Partnership Programme	1,061		948	
Printing, postage and stationery	1,122		1,224	
Newsletters	2,506		3,263	
Seminars & Conferences	560		760	
Publications	1,284		-	
Project management & administration	1,387		3,933	
Erasmus - EPYC	-		500	
Telephone	587		998	
Computer costs	2,088		2,400	
ToYAC Project	2,198		1,451	
Carers Week	517		-	
Membership Development Costs	14,094		9,105	
Eurocarers - IACO	894		-	
Family Carer Training	500		764	
HRB Project	150		26,918	
Governance & Training Seminars	53		110	
Travelling and subsistence	-		3,606	
Research & Evaluation	3,303		1,623	
	429		3,023	

Care Alliance Ireland

**Detailed Trading Income and Expenditure Account
for the year ended 31 December 2017**

	2017	2017	2016	2016
	€	€	€	€
Other legal and professional	554		-	
Accountancy & Payroll fees	4,468		3,847	
Audit fees	3,813		2,768	
Bank charges	125		343	
Staff Development	1,742		3,485	
Sundry expenses	150		995	
Subscriptions	490		1,010	
	<u> </u>		<u> </u>	
		(171,507)		(182,083)
		<u>(3,694)</u>		<u>6,217</u>
Bank deposit interest	<u>31</u>		<u>88</u>	
		<u>31</u>		<u>88</u>
Net (Deficit)/surplus for the year		<u><u>(3,663)</u></u>		<u><u>6,305</u></u>