



# Breaking Through



Directors' Report and Financial Statements for year ended

31 December 2021

Breaking Through CLG

Newtown House

Confey

Leixlip

Co. Kildare

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## **COMPANY INFORMATION**

### **Breaking Through**

A Company Limited by Guarantee with Charitable Status.

### **Legal and Administration Details:**

#### **Directors that served during 2021**

- Gerard Griffin (Chairperson) National Co-ordinator, Youthreach/ VTOS
- Ciaran Kenny (Vice Chairperson) Aftercare Worker, Tusla
- Neil Forsyth (Communications Officer) Services Manager, Focus Ireland
- Dr Eavan Brady (Joint Communications Officer) Assistant Professor in Social Work, Trinity College Dublin
- Sharon Byrne (Treasurer & Staff Liaison Officer) Aftercare Worker, Crosscare
- Edel Weldon (Board Member) Advocacy Officer, EPIC
- Louise Keane (Board Member) Deputy Social Care Manager, Tusla
- Sharon Morrison (Board Member) Social Care Manager, Tusla
- Charlotte Armstrong (Board Member) Social Care Manager, Daffodil Care Services
- Conor John Sreenan (Board Member) Barrister at Law

### **Secretary**

Yvonne Casey

### **Registered Office**

Newtown House  
Confey  
Leixlip  
Co Kildare  
W23 T8W5

**Registered Company Number:** 321538

**CHY Number:** 13601 **Charity Registration No:** 20042844

**Office phone number:** 01 6060858

**Email:** info@breakingthrough.org

### **Auditors:**

Philip O'Farrell  
For and on behalf of  
PT O'Farrell & Company Limited  
Chartered Accountants & Statutory Auditors  
Castlemaine Court  
Dublin Road  
Athlone  
Co. Westmeath

### **Principal Bankers:**

Allied Irish Banks  
126 – 128 Capel Street  
Dublin 1

**Staff Members:**

Yvonne Casey, National Director

Fiona Dockery, Accounts Administrator

Jane Tracey, Training Administrator

In 2021 there were three paid members of staff, one full- time and two part- time, who were supported in their work by a voluntary, ten-member Board of Directors and various committees.

## CHAIRPERSON'S REPORT

By 2021 we were almost a year into what people were calling a new normal, when at times it felt anything but normal. The vaccine roll out couldn't come quick enough and was light at the end of the tunnel during such unpredictable Covid times. We all look forward to a post pandemic world.

Similar to the previous year (2020), one of the main focuses of Breaking Through's work was the management, co-ordination and development of the Irish Aftercare Network (IAN). The network provides support to people working with care leavers. Aftercare is a term used to describe the planning and support put in place to meet the needs of a young person who is leaving care services at age 18. Membership grew and feedback from membership was very positive.

The other main focus of Breaking Through's work is the co-ordination and administration of Suicide Intervention & Prevention training on behalf of the HSE. Our profile as an organisation for providing the co-ordination and delivery of this training has increased and is evidenced by the awarding of an additional grant aid agreement in 2021.

Breaking Through continued to adapt its work to meet its Strategic Aims and Objectives whilst at the same time supporting the needs of the members of the Irish Aftercare Network.

A meeting with Minister Roderic O' Gorman in January saw a very positive start to the year. The Minister acknowledged hugely the work and contribution of the Irish Aftercare Network members in trying times and in providing such quality care for so many young people in aftercare throughout the country. Further details on this meeting will be detailed in the Directors Report.

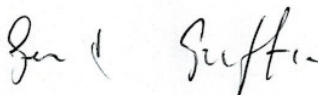
Work was regularly reviewed and core activities such as the Annual Conference needed to be postponed again due to the on-going public health restrictions. We responded by hosting a series of professional support events online as well as moving all regional network meetings online. These adaptations were well received and appreciated by IAN members.

Having spent the first six months of 2021 drafting an updated Strategic Plan, this plan became operational from 1<sup>st</sup> July 2021 for a four year period until 30<sup>th</sup> June 2025.

Of course, none of the great work that Breaking Through does would be possible without its funders and we are very grateful for their ongoing support to ensure that the specific targets in our strategic plan are met. Our core funding is provided by the Department of Rural & Community Development through its Scheme to Support National Organisations (SSNO). We were delighted to be granted €267,038 over three years, running from the 1<sup>st</sup> July 2019 to the 30<sup>th</sup> June 2022. This multi-annual funding is very reassuring indeed and provides welcome security for the organisation.

The Director's Report, below, will highlight the events, key milestones and challenges for the organisation during 2021 and outlines all the wonderful work Breaking Through has achieved and continues to do within a limited budget, with a volunteer board, volunteer committees and a small staff team of one full-time and two part-time employees.

I would like to express my sincere gratitude to my fellow Board members and to the dedicated staff team of Yvonne, Jane and Fiona.

A handwritten signature in dark ink, appearing to read 'Gerard Griffin', written in a cursive style.

**Gerard Griffin, Chairperson**

## **DIRECTORS' REPORT**

The Directors of Breaking Through hereby confirm that the annual report and audited financial statements for the year ended, 31<sup>st</sup> December, 2021, contained herein, comply with the current statutory requirements, the requirements of our governing documents and the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' (FRS 102).

### **History, Values and Objectives**

#### **About Breaking Through**

Arising from a European Conference in 1999 entitled *Young People, Crime & Disadvantage*, a recommendation was made to establish a support network to develop strong links for practitioners interested in promoting the development of progressive policies and practices to support young people at risk and to support frontline practitioners who are working with vulnerable or disadvantaged members of the community.

As a result, Breaking Through CLG, a national organisation, was established in 2000. Breaking Through is a registered charity (CHY No: 13601). It is also registered with the Charity Regulatory Authority (Reg No: 20042844). Breaking Through CLG under the Scheme to Support National Organisations is core funded by the Government of Ireland through the Department of Rural and Community Development. It is governed by a voluntary Board of Directors with one full-time and two part-time staff members.

One of the main focuses of Breaking Through's work is to develop and co-ordinate the Irish Aftercare Network. The Network provides advice and support to professionals working with young people leaving care in Ireland.

Aftercare is a term used to describe the planning and support put in place to meet the needs of a young person who is leaving statutory care at age 18. Currently, there are approximately 6000 young people in care in Ireland who will be leaving care in the coming years. Approximately 500 young people leave care each year.

The other main focus of Breaking Through's work is to co-ordinate and manage Suicide Intervention & Prevention Skills Training on behalf of HSE Mental Health Services as part of Ireland's National Suicide Prevention Strategy, Connecting for Life and on behalf of the National Office for Suicide Prevention (NOSP), Community Healthcare Dublin South, Kildare and West Wicklow and Community Healthcare East for Dublin South East, Dublin South and Wicklow. In-person suicide prevention training workshops include safeTALK (Suicide Alertness for Everyone), ASIST (Applied Suicide Intervention Skills Training) and Understanding Self Harm. This work is funded under annual Grant Aid Agreements.

#### **Our Mission Statement**

To provide support to those who engage with vulnerable people and groups at risk.

#### **Our Vision**

To provide high quality, supportive services to those engaging with vulnerable people and groups at risk, while advocating for better outcomes for all.

#### **Our Core Values**

- Partnership
- Inclusivity
- Equality
- Respect
- Transparency
- Integrity

**Objectives:**

- Facilitate links through local, regional and national agencies/networks
- Promote partnership and inter-agency co-operation
- Collate and disseminate models of best practice
- Provide informed support for practitioners and volunteers within an atmosphere of mutual respect
- Influence policy, practice and programme development
- Secure appropriate resources to support the network
- Collaborate with State Agencies in providing training

**Funding:** Breaking Through was allocated core funding from 1 July 2019 – 30 June 2022 by the Department of Rural & Community Development under the Scheme to Support National Organisations (SSNO). Core funding was granted to the amount of €267,038 over the three years.

Total core funding received in 2021 amounted to €89,548. This funded two core posts: a National Director and an Accounts Administrator, along with associated indirect costs. These positions enabled Breaking Through to meet its core objectives of information provision, advocacy, education, training and networking.



Funding was also received from the Health Service Executive under three annual Grant Aid Agreements (GAA).

1. Community Healthcare Dublin South, Kildare and West Wicklow (formerly CH07)
2. Community Healthcare East for Dublin South East, Dublin South and Wicklow (formerly CH06)
3. National Office for Suicide Prevention (NOSP)

All funding is detailed in Financial Review on pages 19-21.

In 2021 we were delighted to be successful in securing a third grant aid agreement for co-ordination of training in Community Healthcare East.

We would like to thank our funders sincerely for their ongoing support.

# Achievements and Performance

## The Context of Our Work in 2021

From March 2020, the Covid-19 pandemic presented the organisation with a great many challenges. However, as an organisation we were quick to react and adapted the manner in which we carried out our work. In 2021, despite vaccine roll out, we continued to adapt to the changing environment. The requirements to work from home where possible, social distancing and the restrictions on indoor meetings and events had an impact on the demand for our different services and how those services could be delivered.

Below are some of the ways in which Breaking Through adapted to the second year of the pandemic:

- We continued to host all our meetings online which meant no rescheduling of Board of Directors or Committee meetings was necessary.
- To compensate for the lack of face-to-face meetings with Irish Aftercare Network members, we issued three newsletters so members were constantly updated on the activities of the Network. We also regularly reminded members that we were available to support them by telephone, email or on communication platforms.
- In place of the annual conference, we hosted a series of three webinars online under the theme **'Beyond the Pandemic - Preparing for What is to Come'**
- All staff supervision was conducted online.

We asked IAN members the following question in December 2021

**"Do you feel that the Irish Aftercare Network adapted to members needs during the pandemic by communicating via email with newsletters etc. and providing webinars? (1 being strongly disagree and 5 being strongly agree)".**

**We were delighted with the following response: 93.3% of delegates scored it a 5.**

In 2021, we benefitted from membership or engagement with support organisations in the sector such as The Wheel, Carmichael Centre, Boardmatch and the Children's Rights Alliance.



A main focus of Breaking Through's work is the management, co-ordination and development of the Irish Aftercare Network.

Aftercare is a term used to describe the planning and support put in place to meet the needs of a young person who is leaving care services at age 18 years. Currently, there are approximately 6000 young people in care in Ireland. Each year, approximately 450 to 500 young people leave the care of the State. The professionals who support these young people are called Aftercare Workers. Working in collaboration with other professionals, Aftercare Workers are responsible for working with young people to help them make a smooth transition from care to independent living.



### **Aims of the Irish Aftercare Network (IAN)**

- Provide support to Aftercare Workers and other professionals working with care leavers
- Create better outcomes for young care leavers in Ireland

### **Objectives:**

- Share and promote models of best practice in aftercare
- Collate and disseminate evidence-based research
- Develop a directory of services and resources
- Provide peer support and access to training
- Advocate for the development of standards for young people leaving care
- Facilitate quarterly network meetings for Aftercare Workers
- Host a National Annual Conference

The Irish Aftercare Network provides a forum for Aftercare Workers to access peer support, information, training and an opportunity to network with their peers. It also gives a platform to discuss current issues of concern. The issues raised in these forums are then used to advocate for policy reform and improvements in practice.

### **Membership**

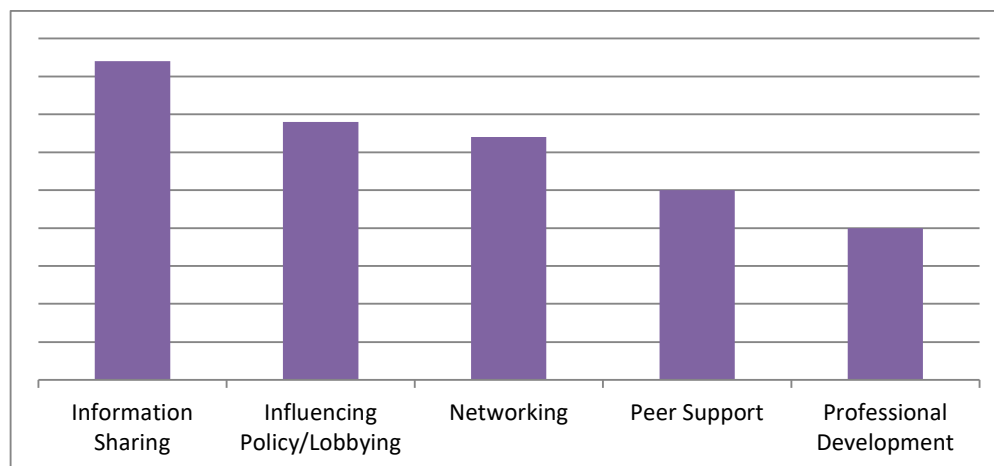
The Network has a national remit with members from all counties represented. The Irish Aftercare Network has over 500 members from 80 organisations, all of whom work directly or indirectly with young care leavers. Organisations in membership include An Garda Síochána, Barnardos, Crosscare, Don Bosco Care, EPIC, Focus Ireland, HIQA, Irish Foster Care Association, Kinship Care, Merchant Quay Ireland, Peter McVerry Trust, and Tusla.

**Since 2020 individual membership increased by 25% and organisational membership by 33%.**

### **Responding to the needs of our membership**

We continued to reference the needs analysis we conducted with our members in 2019 to guide and inform our work in 2021. The following graph captures the main findings:

What do you find most beneficial about the Irish Aftercare Network?



In 2021, the Network concentrated its efforts in meeting the core needs identified in the needs analysis and this is evidenced in its ongoing work and its achievements, as detailed in this report.

#### **Evidence of project-specific outputs for 2020 and 2021 and achievement of targets**

<b>Area of Work</b>	<b>Action</b>	<b>Output Indicator Name</b>	<b>Target 2020</b>	<b>Result 2020</b>	<b>Target 2021</b>	<b>Result 2021</b>
Information Provision	Collate and disseminate information	Detailed breakdown of information circulated to members including content, date etc.	15	33	20	53
Information Provision	Collate and disseminate information	Record number and type of queries received from members and responded to.	10	16	15	20
Advocacy	Engage with politicians and policy makers	Meet with Minister Roderic O’Gorman, Minister for Children, Equality, Disability, Integration and Youth	1	1	1	2
Advocacy	Engage with politicians and policy makers	Meetings with Tusla	2	2	2	4
Networking	Regional Network Meetings	Regional Network Meetings	6	3 (Due to Covid only 3 regional network meetings took place. Introduced member newsletters as a response)	6	6
Compliance	Governance Structures & Processes	Annual Report and Audited Accounts	1	1	1	1
Compliance	Governance Structures & Processes	Enter the Good Governance Awards and action any feedback	1	1	1	1
Education & Training	Host Themed Webinars	Fully evaluated educational webinars	2	2	3	4

Project-specific targets have been set for 2022 as part of the organisation's Strategic & Operational Plan. All targets are reported on annually to our core funders, the Department of Rural & Community Development under the Scheme to Support National Organisations (SSNO).

### **Information-Sharing & Dissemination**

Fifty three emails were sent to Network members and eighteen direct queries responded to in 2021. Throughout 2021 the membership was provided with regular updates in relation to policy developments, research, training opportunities and relevant Covid-19 circulars. The following is an example of the type of information disseminated to members in 2021:

#### **Educational bursary scheme for care-experienced young people in aftercare**

*Minister O’Gorman and Tusla have launched an educational bursary scheme for care-experienced young people in aftercare. Please click on link below for further information*

[gov.ie](http://gov.ie) - *Minister O’Gorman and Tusla launch an educational bursary scheme for care-experienced young people in aftercare ([www.gov.ie](http://www.gov.ie))*

*Tusla welcomes applications from young people with a minimum of six months care experience. Applications will be considered for fees for an education or training course, not funded by the State, or practical supports required to complete a course the young person has enrolled in. Examples of these might be IT materials, tools, or other equipment. The closing date for receipt of applications is 31st October 2021. In 2022 we will attend the launch of this scheme.*

Throughout the year, anonymised queries from individual members were circulated to the wider Network and the responses collated and disseminated. For example, we received the following query that we were able to assist with by asking our membership their suggestions and by knowledge sharing **“Does anyone have any advice around setting up a bank account or credit union account for a 16/17 year old in residential care as part of their aftercare planning, especially if the young person does not want to disclose to the institute that he is in care? His staff member has approached a credit union for advice on this but they were not able to guide them as there was no parental consent available”.**

We collated all responses and circulated to membership.



### **Members' Newsletters**

In 2020 we introduced newsletters and continued with a further three newsletters circulated in 2021, in March, July and December.

The aim was to keep members informed of the work the Network was doing and also as a way to stay connected when in person meetings weren't possible. We continued to support our members in areas such as information sharing, influencing policy, lobbying, peer support and professional development. The newsletter was an efficient means of communication with members. Link to newsletters available here: [Newsletters | Irish Aftercare Network](#)

## **Website & Social Media**

Other important means of communicating with our membership and other audiences was through the Irish Aftercare Network's website, its Facebook page and its Twitter account. These are updated regularly to ensure they contain the most up-to-date information for members.

Website: [Irish Aftercare Network | Supporting people working with care leavers](#)

Twitter: <https://twitter.com/AftercareIrl>

Facebook: [Irish Aftercare Network | Facebook](#)

## **Key Events in 2021**

### **Meetings with Minister Roderic O'Gorman, Minister for Children, Equality, Disability, Integration and Youth**

The network wrote to the Minister in late June 2020 congratulating him on his new appointment as Minister for Children, Equality, Disability, Integration and Youth while also requesting a meeting at his earliest convenience. We continued to communicate with his office in the hope of securing a meeting and were delighted to have the opportunity to meet with him (online) on the 21<sup>st</sup> January 2021 to discuss further many of the current prevalent issues within aftercare.

Minister O'Gorman acknowledged hugely the work and contribution of our network members in trying times in providing such quality care for so many young people in aftercare throughout the country. **(See tweet below)**



Irish Aftercare Network representatives met with Minister O'Gorman, again on Monday 11<sup>th</sup> October 2021 as a follow up to the January meeting. Various issues were highlighted at the meetings and again re-iterated in follow up correspondence.

We are very grateful for the Ministers engagement and look forward to continuing and building our professional relationship with him.

### Meeting with National Director of Services, Tusla

Representatives of the Irish Aftercare network met with Kate Duggan twice, in February & September. Discussions took place on the current difficulties working with vulnerable young people, often remotely, is having in relation to being able to address day to day issues as well as getting a better sense on how the lock down is affecting all aspects of their lives.

### Regional Network Meetings

Munster, Leinster & Western regional meetings were hosted online in May & September. Many issues were discussed and priority issues were highlighted for each region.

Guest speakers and topics included:

- ⇒ Tiglin, Life Beyond Addiction
- ⇒ Kinship Care Ireland, discussion on issues, needs and experiences of children and young people in Kinship Care
- ⇒ The Covid and Care Leavers Study. What is it like being a care leaver in Covid times?
- ⇒ EPIC, Advocacy themes in Aftercare
- ⇒ Covid Check in – Working Remotely. What does and doesn't work?

### Clear communication channel for highlighting member issues:

The network has a clear communication channel for highlighting regional & member issues:

- Meet at least once a year with Minister Roderic O'Gorman (in 2021 we met with the Minister twice)
- Meet twice a year with Kate Duggan, Director of Services & Integration, Tusla
- Meet at least twice a year with Valerie Mawe, Professional Support Manager, William McNamara, National Implementation Lead Aftercare Services and Grainne Collins, National Policy Manager, Alternative Care from Tusla.

Apart from the meeting with the Minister, meetings are scheduled after the regional meetings to highlight to them the priority issues that were raised at a regional level.



### Webinar

On February 18<sup>th</sup> 2021, The Irish Aftercare Network were delighted to welcome back acclaimed clinical psychotherapist and attachment specialist, Joanna Fortune who presented an insightful talk on **“Young adult mental health- Creating an emotionally fluent connection with young adults”**. The feedback we received on Joanna's presentation was excellent and this complimentary webinar, available to members was a wonderful way for us to connect with our members nationally.

### *Feedback from event*

*“Thank you for your ongoing efforts to make every presentation interesting and relevant to our profession. Joanna Fortune is a joy to listen to. So knowledgeable and passionate. The Irish Aftercare Network is a great network and thank you for all your work”*



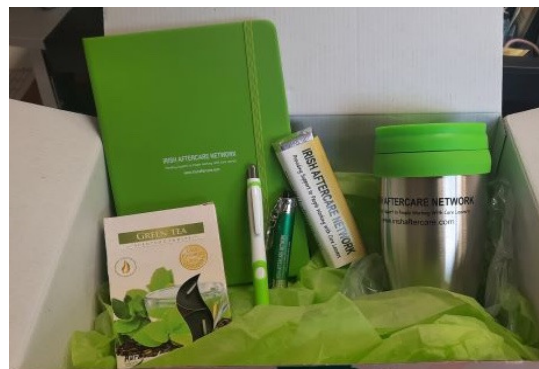
### **Irish Aftercare Network Series of Webinars**

#### **‘Beyond the Pandemic - Preparing for What is to Come’**

A series of three complimentary webinars for members were hosted in October, November & December titled the following:

- ⇒ Adolescent Mental Health Beyond The Pandemic
- ⇒ Recovery and Growth; Understanding individual stress and trauma responses in the context of collective trauma
- ⇒ Low Intensity Practical Psychotherapeutic Interventions for Aftercare Workers.

Delegates who registered early received a delegate box full of useful items and it created a real feel good factor before the webinars started.



Attendee feedback

***“The amount I took from this webinar in such a short space of time was amazing. It will help in my response to young people and I’ll be sharing with other professionals too. E.g. schools”***

Many thanks to our sponsors of the webinars



An Roinn Leanaí, Comhionannais,  
Míchumais, Lánpháirtíochta agus Oige  
Department of Children, Equality,  
Disability, Integration and Youth



## **Overview of Irish Aftercare Network Activity in 2021**

A fundamental aspect of the work of the Network is supporting Aftercare Workers on a practical level as they negotiate the challenges of their day-to-day work with young care leavers. This entails the provision of advice and information, sign-posting to relevant services and facilitating peer support and networking opportunities, so that they can benefit from the knowledge and expertise of their colleagues in other parts of the country. The role of an Aftercare Worker is extremely challenging at times, especially because it is mainly a lone working role.

The Network provides a vital communication channel for Aftercare Workers at a local level through regional meetings as well as nationally through conferences and online educational support. Having up-to-date information is critical for Aftercare Workers, given that they work within an increasingly complex policy and legislative framework as well as a constantly evolving service delivery context. The Network is committed to making sure that every Aftercare Worker in Ireland can get the support they need and when they need it. Such a complex working environment means training and development and self-care are vital. The training days the Network has been able to provide to members on topics such as trauma, attachment, stress management as well as practical based issues relating to housing, mental health and education have been extremely beneficial for our members, providing them with some of the knowledge and tools they need to improve the service they provide the care leavers and ultimately improve outcomes for this vulnerable group of young people.

In a post webinar evaluation in December 2021 we asked

### **Would you recommend the Irish Aftercare Network to a colleague?**

#### **100% of delegates said yes**

In last year’s annual report we communicated our confidence that the outcomes listed below would be achieved in 2021. You will see from this year’s 2021 report that the majority of outcomes have been achieved.

- Maintain a strong and engaged membership.
- Following each national annual conference/webinar an evidence-based evaluation report will have been published internally. Due To Covid the conference was replaced with a series of webinars that were fully evaluated
- Detailed data about the number of queries received and a breakdown of the type of information provided will have been compiled.



- Engagement with policy-makers will have contributed towards bringing about improvements in key policy and practice areas.
- The Irish Aftercare Network membership will have been provided with regular updates in relation to all lobbying and advocacy work undertaken and the progress achieved.
- An annual meeting with the Minister for Children will have taken place, plus at least two meetings per annum with representatives from Tusla National Office.
- Four network meetings per annum will have been hosted, including a number of themed workshops to address specific issues raised by members.
- Ongoing engagement through the IAN website, social media platforms and engagement with mainstream media will have increased, helping to advance IANs aims and enhance their profile.
- Membership feedback will have been sought and there will be widespread recognition for the work of the Network.



#### **Here's what our members say :**

*"The IAN is a great resource for all professionals working with young people who are transitioning out of the care system. It provides these professionals with a universal voice to advocate for the changes needed to ensure these young people receive the most effective supports into adulthood, whilst supporting the professionals themselves in their roles."*

*"The support and training events offered by the Irish Aftercare Network have been exceptional throughout the pandemic."*

*"The Irish Aftercare Network is a great way of information sharing and keeping up-to-date with what's happening in the sector. The work is so badly needed as aftercare issues are always an afterthought in policy and practice- view from a care experienced young person."*

*"IAN provides invaluable support and resource sharing between professionals working with young people leaving care / care leavers. The Network keeps us up-to-date on lobbying and wider systemic changes within our profession that may impact either positive or negative on our young people. This feedback/communication loop enables quick response for or against legislative and policy changes. There is space for collective deliberation of practice - what is working / what needs to change and how best to implement such change. The IAN facilitates ongoing professional development training and events, much appreciated by us members."*

*"Sincere thanks for the work the Irish Aftercare Network does. The coordination of group discussion regarding policy development, all aspects of the legislative framework within aftercare in Ireland and peer support that the Irish Aftercare Network continues to provide is invaluable to members. I have no doubt that the network is successful in its overarching aim in creating better outcomes for young people leaving care in Ireland."*



*"The importance of bringing professionals in this field together cannot be overstated. We largely work in isolation and so it can be challenging to link up with other professionals to share expertise, experience and provide peer support. The Irish Aftercare Network provides this space for which I am eternally grateful. It makes me feel less alone in the work and enable me to get different perspective on challenges I face daily. In the end this goes a very long way to improving the service that our client group get. Many thanks for all that you do!"*

*"The Irish Aftercare Network, provides the only forum for supports, networking and information sharing to the Aftercare community."*

**The other main focus of Breaking Through's work is co-ordination and administration of Suicide Intervention/ Prevention training on behalf of the HSE**



This is funded by annual Grant Aid Agreements. In 2021 Breaking Through were awarded three grant aid agreements.

The HSE renewed its Grant Aid Agreement for Community Healthcare Dublin South, Kildare and West Wicklow for 2021 with Breaking Through CLG.

The National Office for Suicide Prevention (NOSP) also renewed its Grant Aid Agreement with Breaking Through in 2021.

The organisations reputation as a quality service provider was endorsed further with a third agreement. For the first time in 2021, Breaking Through received a Grant Aid Agreement for Community Healthcare East for Dublin South East, Dublin South and Wicklow.

*"Breaking Through have coordinated and managed a range of trainings on behalf of HSE Community Healthcare East. These include suicide alertness and intervention skills training, understanding self-harm and trainings of professionals in their support of those bereaved by suicide. Breaking Through have exceeded expectations, providing an excellent service for participants and facilitators. In particular, each of their team members have always been professional and demonstrated a strong commitment to this important work"* **Adam Byrne, Resource Officer for Suicide Prevention, Mental Health, HSE Community Healthcare East.**

Under these agreements Breaking Through are funded to plan, manage & co-ordinate suicide intervention and prevention training inclusive of but not limited to the following:

- Suicide Alertness for Everyone (safeTALK)
- Applied Suicide Intervention Skills Training (Asist)
- Understanding Self Harm
- START (Suicide Prevention Skills Online) Training
- Online Introduction to Understanding Self Harm
- Online Professional Suicide Bereavement Training

All of the above training is linked to the Connecting for Life Strategy which is Ireland's National Strategy to Reduce Suicide.

**Suicide Prevention Skills Training**

An overview of suicide prevention skills training programmes available from the HSE National Office for Suicide Prevention

LivingWorks START	safeTALK	ASIST	Understanding Self-Harm
A 90 minute online interactive training programme that will give you the skills and knowledge to keep others safe from suicide.	A half-day training programme that supports you to recognise and engage with people who may be having thoughts of suicide and to connect them to suicide first aid resources.	A two day training programme that supports participants to reduce the immediate risk of a suicide and increase the support for a person at risk, you will explore what a person at risk may need from others to keep safe.	A one day training programme that supports participants to improve their awareness and understanding of people who self-harm.
<b>Who is it for?</b> Anyone over the age of 18.	<b>Who is it for?</b> Anyone over the age of 18.	<b>Who is it for?</b> Targeted training, over the age of 18.	<b>Who is it for?</b> Anyone over the age of 18.
<b>What will I learn?</b> You will learn what to say and do if you are concerned that someone is in suicidal distress.	<b>What will I learn?</b> You will learn what to do if you are concerned that someone may be in suicidal distress.	<b>What will I learn?</b> You will learn how to respond to a person in suicidal distress and how to keep that person safe.	<b>What will I learn?</b> You will learn how to engage with people who self-harm, understanding the functions, motivations and meanings of self-harm behaviour.

*"Having done the training, the difference is, I now know what to do if I'm worried about someone"* — safeTALK training participant

For more information on any of these training programmes, please visit [www.nosp.ie/training](http://www.nosp.ie/training) or contact your local Resource Officer for Suicide Prevention.

Connecting for Life | yourmentalhealth.ie | 1800 111 888

Under the three Grant Aid Agreements in 2021 Breaking Through has issued and co-ordinated the following:

- 1383 Start licences
- 5 safeTALKS
- 2 Asists (training was delivered to trainee Garda at the National Garda Training College in Templemore)
- 4 Online Professional Suicide Bereavement training
- 21 Online Introduction to Understanding Self Harm trainings.

In a year where very few face to face trainings were possible Breaking Through co-ordinated various suicide intervention and prevention type trainings that 1,722 people accessed.

*'In their co-ordination of the Suicide Prevention training on behalf of the ROSPs in HSE Dublin South, Kildare and West Wicklow Community Healthcare, Breaking Through provide a seamless service that is organised, flexible, friendly and operated to the very highest standard. In addition to their professionalism Breaking Through are a pleasure to work with. Through their work they contribute greatly to suicide prevention in our communities. Breaking Through are a huge asset to the community and to the HSE.'* **Niamh Crudden, Resource Officer for Suicide Prevention, Health Service Executive, Dublin South, Kildare & West Wicklow Community Healthcare**



In response to in-person training being suspended due to Covid-19, the following options were offered online.

#### *START*

In order to participate in this training you require a license which is administered by Breaking Through for the areas they co-ordinate training for. Total number of START licenses Breaking Through issued in 2021 was 1383, an average of 115 per month.

#### *Online Introduction to Understanding Self Harm*

Introduction to Understanding Self Harm is a 2 hour training via zoom. The programme is suitable for those who seek to develop their knowledge and understanding of self-harm and the reasons underlying such behaviour. In 2021 Breaking Through co-ordinated 21 online trainings for 194 participants.

#### *Online Professional Suicide Bereavement*

Online Professional Suicide Bereavement training consists of a one hour online video module and 5 hour workshop via zoom. In 2021 there was a total of 4 trainings and 46 participants.

We also assisted with a pilot Online Professional Suicide Bereavement training.

#### **Under its grant-aid agreements, Breaking Through's commitments are as follows:**

- Planning & promotion of training
- Full management of efficient online booking system
- Securing facilitators and administration of payments
- Maximising attendance at all workshops, through efficient planning, co-ordination and communication.
- Budget management and regular review of its activities
- Regular reporting mechanisms to Resource Officers for Suicide Prevention, which include information such as the training figures by area, numbers trained, and the number of training events co-ordinated
- Careful planning and stewardship in relation to sourcing low cost/no cost venues
- Training material stock control and storage
- Ensuring training is fully evaluated

Training demand remains strong and is positioned for further growth in 2022.

## **Financial Review**

### **Results**

In line with our company ethos towards good governance and financial transparency we are delighted to advise that this is the second year our Financial Statements have been prepared under the accounting standard of Charities SORP (FRS 102) and Companies Act 2014 requirement for companies. Although not a statutory obligation to present Financial Statements to SORP standard, the directors feel it is best practice and are delighted to be able to present in this format again this year and in the future.

In 2021, Breaking Through had an income of €202,400, compared to an income of €169,405 in 2020 showing an increase of 19%. Our expenditure in 2021 was €185,744 compared to €147,075 in 2020 showing an increase of 26%. The increases, in both income and expenditure, are a reflection of the additional Grant Aid Agreement for Community Healthcare East secured in 2021. As in-person training was heavily effected due to Covid restrictions training income was not utilised in full in 2021. Due to the sensitivity of the training involved, it was not possible to offer an online option in all instances (under the advice of the HSE). Where possible, online options were offered.

Summary of the four main funding streams in 2021 are as follows:

1. SSNO Core Funding  
From Department of Rural and Community Development, €89,548 for 2021
2. HSE CHO 07 GAA (Community Healthcare Dublin South, Kildare and West Wicklow)  
Awarded €120,000, actual income of €53,667 (amount adjusted due to Covid restrictions on activities and to reflect actual spend)
3. HSE CHO 06 GAA (Community Healthcare East for Dublin South East, Dublin South and Wicklow)  
Awarded €48,450, actual income of €31,077 (amount adjusted due to Covid restrictions on activities and to reflect actual spend)
4. HSE National GAA  
Awarded €50,000 for 2021, actual income of €18,082 (amount adjusted due to Covid restrictions on activities and to reflect actual spend)

Main sources of additional funding in 2021 were as follows:

Department of Children, Equality, Disability, Integration and Youth €2,200 to fund webinar speaker costs.

ESB Energy for Generations Fund for delegate packs amounting to €3,300.

HSE National Lottery Funding amounting to €2,350 for Information and Education Training.

It should be noted however, that additional funding was received and classified as deferred income for use in 2022. We are very grateful to the following for funds received for activities to take place in 2022:

HSE €59,775 – secured for suicide intervention and prevention training costs in 2022.

Daffodil Care €3,000– secured for conference costs in 2022

HSE National Lottery Funding amounting to €3,500 for Information and Education Training in 2022.

Due to careful control over finances, Breaking Through CLG have a surplus to report in 2021 amounting to €16,656 which contributes to accumulated reserves of €78,962 as at 31 December 2021. (See Note 11 on the Financial Statements for further details)

At the end of the financial year, the company has assets of €158,089 and liabilities of €79,127.

Further information is contained in the company's Financial Statements on pages 33 - 48.

### **Reserves Policy**

Breaking Through operates a reserve policy. Reserves are maintained at a level which ensures that the Company's core activity can continue during a period of unforeseen difficulty. All reserves are maintained in a readily releasable form.

It was agreed at AGM 2020 that the aim would be to maintain the operational reserves fund to match twelve weeks of basic operational costs if funding was not secured. It was agreed to allocate reserves of €10,000 to an Employer Responsibility Fund, to have funds available in the event of redundancies etc. this was agreed at an Audit and Finance sub-committee meeting on 19<sup>th</sup> October 2021 and ratified by the Board at the AGM held on the 16<sup>th</sup> November 2021. It was considered prudent planning and a positive measure to have funds available should a redundancy situation arise.

Reserves as at 31 December 2020 of €62,306 are further classified as restricted reserves of €9,866 and unrestricted reserves of €52,440. The unrestricted reserves are classed as follows: Operational Reserves Fund of €36,000 (twelve weeks) and General Reserves Fund of €16,440.

Reserves as at 31 December 2021 of €78,962 are further classified as restricted reserves of €9,170 and unrestricted reserves of €69,792. The unrestricted reserves are classed as follows: Operational Reserves Fund of €36,000 (twelve weeks), Employer Responsibility Fund €10,000 and General Reserves Fund of €23,792.

Building reserves did take time, as it is vital there are enough funds for cash flow within the organisation and often funders place restrictions on building reserves, therefore the opportunity to build reserves is limited. However, the organisation is committed to building reserves in order to strengthen the organisation and ensure funds are available to meet unforeseen obligations that may arise in the future.

### **Investment Policy**

Breaking Through currently does not have an investment policy as this has not been deemed necessary to date.

### **Going Concern**

The directors wish to note that we have no concerns about the ability of Breaking Through to continue to carry out its operations in the foreseeable future. All available information has been considered about the future, this includes consideration of the uncertainties facing the organisation as a result of Covid 19. The directors have assessed information from budgets and forecasts for income, expenditure, cash flows, unrestricted funds and reserves.

Breaking Through CLG under The Scheme to Support National Organisations is funded by the Government of Ireland through the Department of Rural and Community Development. The company has secured core funding under this scheme for three years which commenced on 1 July 2019 and is due to finish on 30 June 2022. At the time of approving the financial statements, the directors are delighted to have secured core funding for €272,979 for the three year period from 1 July 2022 to 30 June 2025 under the Scheme to Support National Organisations.

In addition to this, with reserves of €78,962 and net assets of €78,962 the directors feel this gives the organisation a good financial position going into 2022.

Our proven track record and excellent working relationship with the HSE in delivering on our Grant Aid Agreements means we are optimistic that they will also be renewed.

The adaptability of the Breaking Through team during the Covid crisis assures the directors of the future of the organisation in challenging times.

With the above in mind, the financial statements have been prepared on a going concern basis.

### **Accounting Records**

The measures taken by the directors to secure compliance with the requirements of sections 281 to 285 of the Companies Act 2014 with regard to the keeping of accounting records are the implementation of necessary policies and procedures for recording transactions, the employment of competent accounting personnel with appropriate expertise and the provision of adequate resources to the financial function. The accounting records of the company are located at Newtown House, Confey, Leixlip, Co. Kildare.

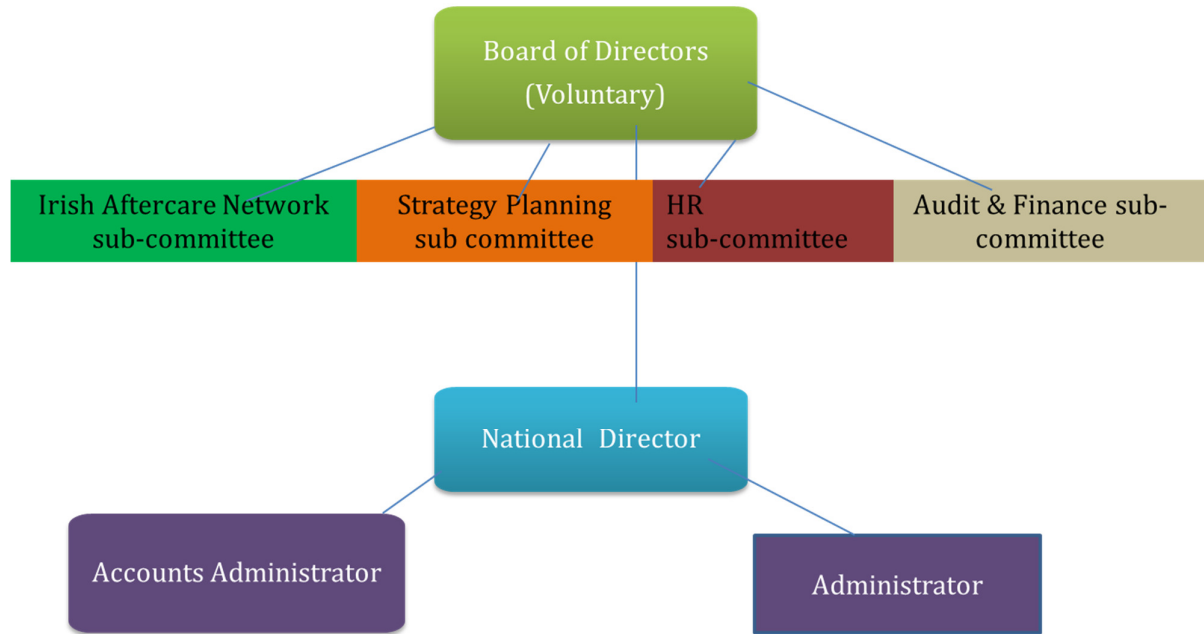
### **Statement of Relevant Audit Information**

In accordance with Section 330 of the Companies Act 2014, so far as each person who was a director at the date of approving this report is aware, there is no relevant audit information, being information needed by the auditor in connection with preparing its report, of which the auditor is unaware. Having made enquiries of fellow directors, each director has taken all the steps he/she is obliged to take as a director in order to make himself/herself aware of any relevant audit information and to establish that the auditor is aware of the information.

### **Auditors**

In accordance with Section 383 (2) of the Companies Act 2014, Philip O'Farrell, for and on behalf of, PT O'Farrell & Company Limited, Chartered Accountants & Statutory Auditors will continue in office.

## Structure, Governance and Management



## Legal Status

Breaking Through CLG is a national organisation established in 2000, registered in Ireland (Registration Number 321538) which was incorporated under the Companies Act 2014 and is a company limited by guarantee not having a share capital. The objectives of the company are charitable in nature with full charitable status.

## Governance

Breaking Through is committed to maintaining the highest standards of governance to ensure full transparency in how we operate. We are fully compliant with all relevant Irish charity legislation and regulatory frameworks. In 2020 Breaking Through commenced adoption of the Charities Governance Code which was formally adopted in 2021. Prior to this Breaking Through complied with the Governance Code for community, voluntary and charitable organisations in Ireland.

To compliment the adoption of the code Breaking Through introduced a Board Handbook in August 2021.

As a unique national support organisation in the non-profit/charity sector, we are very aware that governance compliance is an ever increasing requirement. We are committed to capacity building of board members to ensure they have the necessary skills and systems in place to fulfil these obligations.

Each year Breaking Through works hard on its Annual Report as the organisation sees it as an opportunity to highlight its good governance and thereby build and maintain trust and confidence with stakeholders. It is also an opportunity to celebrate the achievements and the difference the organisation is making.

Every year Breaking Through enters the Good Governance Awards which again demonstrates its transparency as an organisation.

## **Appointment of Directors**

At every Annual General Meeting at least one third of board members shall retire from office but shall be eligible for re-election following resignation. Elected nominees are required to serve for a period of three years where possible and attend at least 3 out of 4 meetings annually. No business shall be transacted at any general meeting unless a quorum of members is present. 25% of members provide a quorum. Further details are available in Breaking Through's Articles of Association. All members are furnished with this document prior to the AGM and this is evidenced in the minutes.

Policies in place for Directors

- Board Handbook
- Operating Guidelines for the Board
- Recruitment & Induction Policy
- Code of Conduct
- Conflict of Interest Policy

## **Board of Directors**

The Board of Directors elected and co-opted under the terms of the Articles of Association has overall responsibility for strategic development. The Board is responsible for providing leadership, setting strategy and ensuring control. It currently comprises of ten volunteer board members.

Breaking Through's Board of Directors operates to best practice corporate governance principles. Board members possess skills & expertise in areas such as social care, community development, mental health, homelessness, education, legal, civil and human rights, financial management, media & communications, research and report writing. Skills and experiences combined are relevant and effective in meeting programme objectives and representing the target group. Through their own roles it also facilitates good collaboration and inter-agency work. Breaking Through gives board members the opportunity to contribute their professional skills and experience to a cause that they are passionate about.

Any potential for conflicts of interest are reviewed at each Board meeting. The organisation has a Conflict of Interests Policy, its purpose is to assist charity trustees of Breaking Through CLG to effectively identify, record and manage any conflicts of interest in order to protect the integrity of Breaking Through CLG and to ensure that the charity trustees act in the best interest of the charity.

It was agreed following the annual board review in 2021 that the boards effectiveness ensures relevant competencies are in place to realise the organisation's objectives. All agreed the board works as an effective team, using the appropriate balance of skills, experience, backgrounds and knowledge to make informed decisions. It was agreed to recruit from Boardmatch for possible board members with experience in legal and human resources to bridge any skills gap on the board.

Following a review, recruitment of board members in 2021 focused on Legal and HR expertise. Recruitment is done via Boardmatch or professional contacts.

Unfortunately we did not welcome any new Board members in 2021 despite going through a recruitment process and coming very close to securing an additional board member.

All Board of Directors biographies are available on the website [The Team | Breaking Through](#)



**AGM of November 2021**

The following appointments to the board were confirmed at the AGM 2021:

Directors Sharon Morrison and Jack Sreenan have retired from the board. Neil Forsyth also briefly retired but offered to be re-elected immediately.

**Chairperson:**

Gerry Griffin, National Co-Ordinator, Youthreach/VTOS

**Vice Chairperson**

Ciaran Kenny, Aftercare Worker, Tusla

**Treasurer and Staff Liaison Officer**

Sharon Byrne , Aftercare Worker, Crosscare

**Secretary**

Yvonne Casey (staff & non board member)

**Communications Officers**

Joint Appointment

Neil Forsyth, Head Of Youth Services, Focus Ireland

Dr Eavan Brady, Assistant Professor in Social Work, Trinity College Dublin

**Board Members**

Edel Weldon, Advocacy Officer, EPIC

Louise Keane, Social Care Worker, Tusla

Charlotte Armstrong, Social Care Manager, Daffodil Care

**Board Attendance 2021**

Name	26 <sup>th</sup> Jan	20 <sup>th</sup> April	29 <sup>th</sup> June	7 <sup>th</sup> Sept	16 <sup>th</sup> Nov-AGM	Attendance
Gerry Griffin (Chairperson)	✓	✓	✓	✓	✓	100%
Ciaran Kenny (Vice Chairperson)	✓	✓	✓	✓	✓	100%
Neil Forsyth (Communications Officer)	✓	✓	✓	✓	✓	100%
Sharon Byrne (Treasurer)	✓	✓	✓	✓	x	80%
Sharon Morrison	✓	✓	x (annual leave)	✓	✓	80%
Dr. Eavan Brady	✓	✓	✓	x	x	60%
Edel Weldon	x	✓	x (annual leave)	✓	x	40%
Charlotte Armstrong	✓	ML	ML	ML	ML	n/a maternity leave from Feb
Louise Keane	x	x	x	x	x	0%
Jack Sreenan	x	x	x	x	x	0%

The introduction of a board handbook in 2021 clearly addresses how non board attendance is managed

“Board members who miss three meetings in a row or four meetings in a rolling 12 month period will be contacted by the Chairperson. Non-attendance may result in a requirement to resign from the Board”.

### **Sub Committees**

#### **Audit and Finance Sub-Committee (Chairperson, Treasurer, National and Accounts Administrator)**

Purpose, role and remit:

- To ensure financial accountability and transparency of Breaking Through

Ensuring:

- compliance with terms and conditions of public grants received
- financial reports comply with all statutory accounting requirements
- that the reports issued by auditors to management are those being received by the board

Frequency of meetings: the Audit and Finance sub-committee meets at least quarterly, or as necessary to discharge its duties.

#### **Human Resources and Remuneration Sub-Committee (Chairperson, Staff Liaison Officer and National Director)**

Purpose, role and remit:

- to ensure that Breaking Through CLG is a good employer of staff and complies with all legal requirements and best practice in relation to Human Resources;
- ensure effective implementation of any HR or volunteer plan, which is approved by Board
- oversight of HR policy, handbook, and volunteer policy and implementation and review of same;
- oversight of recruitment and selection
- partake in disciplinary and grievance procedures as appropriate
- to ensure that Breaking Through CLG adheres to best practice in recruitment and management

#### **Strategic Planning Sub-Committee (Chairperson, Communications Officer, Board Member, National Director and Accounts Administrator)**

Purpose, role and remit:

- The Strategic Planning Committee assists the board with its responsibilities for the organisation's mission, vision and strategic direction.
- Making recommendations to the full board related to the organisation's mission, vision, strategic initiatives, and services.
- Helping management identify critical strategic issues facing the organisation.
- Ensuring management has established an effective strategic planning process, including development of a five year strategic plan with measurable goals and targets.

## Irish Aftercare Network Committee

Purpose, role and remit:

- to advise the board on aftercare issues
- to be available to the National Director and board to discuss aftercare issues
- assist in planning and co-ordination of network meetings, seminars, conferences and events
- lobby/advocate on behalf of Irish Aftercare Network
- partake in social media Facebook/Twitter discussion when appropriate and in line with social media policy
- share duties in presenting and promoting Irish Aftercare Network at external events conferences/seminars/colleges
- Represent the Irish Aftercare Network at various meetings, consultations etc.
- Frequency of meetings: the Irish Aftercare Network committee meets at least quarterly, or as necessary to discharge its duties.

## Irish Aftercare Network Committee Members

- **Ciaran Kenny:** Don Bosco Care, Outreach Aftercare Worker
- **Edel Weldon:** EPIC, Advocacy Officer
- **Sharon Byrne :** Crosscare, Aftercare Worker
- **Neil Forsyth:** Focus Ireland, Services Manager
- **Louise Keane:** Don Bosco Care, Aftercare Service
- **Tanya Blyth:** Peter McVerry Trust, Deputy Director of Services (under 18's services, aftercare services and family services)
- **Charlotte Armstrong:** Daffodil Care Services, Social Care Manager
- **Dr Eavan Brady:** Assistant Professor in Social Work, Trinity College Dublin
- **Sharon Morrison:** Tusla Leaving & Aftercare Service, Social Care Manager
- **Aoife Patterson:** Daffodil Care Services, Regional Manager Semi-Independent, Aftercare & Outreach Services
- **Colin Scanlan:** Compass CFS, Fostering Services Manager
- **Mairead Nevin:** Compass CFS, Aftercare Manager
- **Gerard Griffin:** DES, National Co-Ordinator, Youthreach/VTOS
- **Aisling Bruen:** Social Care Worker, Smyly Trust
- **Dan Keogh:** Focus Ireland, Aftercare Worker (joined May 2021)

In September 2021, after 19 months of online meetings, Breaking Through staff & board members along with Irish Aftercare Network committee members got to meet in person and it was magic! See picture below.



## Staffing

Breaking Through resources and delivers its aims and objectives with a very small but committed team of staff. One full time and two part time paid staff members.

2021 saw

1. A full time National Director
2. Part time Accounts Administrator
3. Part time Administrator

The Directors acknowledge the dedication and adaptability of the staff in response to the pandemic which allowed Breaking Through to continue to provide high quality services and supports to members.

Remuneration: Breaking Through's remuneration aims to match the relevant job market within the bounds of fiscal responsibility. Breaking Through pays all staff in accordance with the charity sector pay scales.

Breaking Through continued to foster a culture of learning by ensuring that all staff and Board members participated in continuous professional development events and networking opportunities with a view to strengthening the skills and capacities needed to improve the quality of services.

Both staff and board members availed of appropriate training opportunities that arose during the year which is recorded in the table below.

<b>Month</b>	<b>Board and Staff member who attended</b>	<b>Type of Training</b>
February	Jane Tracey	Running Events on & off line
March	Fiona Dockery	SORP Accounting
March	Yvonne Casey	Outputs & Outcomes
March	Fiona Dockery	Outputs & Outcomes
May	Neil Forsyth	Public Relation Basics (Online)
May	Dr. Eavan Brady	Public Relation Basics (Online)
June	Fiona Dockery	EU funding
June	Fiona Dockery	START
June	Jane Tracey	Professional Suicide Bereavement
September	Gerry Griffin	Presentation Skills
September	Neil Forsyth	Presentation Skills
September	Sharon Byrne	Presentation Skills
September	Sharon Morrison	Presentation Skills
September	Edel Weldon	Presentation Skills
September	Mairead Nevin	Presentation Skills
September	Aisling Bruen	Presentation Skills
September	Tanya Blyth	Presentation Skills
September	Mairead Nevin	Presentation Skills
September	Colin Scanlon	Presentation Skills
September	Yvonne Casey	Presentation Skills
September	Fiona Dockery	Presentation Skills
September	Jane Tracey	Presentation Skills
December	Jane Tracey	Excel (Online)

All staff are provided with regular staff support and supervision with dedicated staff liaison officer, Sharon Byrne. Supervision takes place at least quarterly.



Staff Members: Jane Tracey, Administrator, Fiona Dockery, Account Administrator and Yvonne Casey National Director

## **The Team**

To summarise the organisation has:

- One full time & two part time paid members of staff
- 10 volunteer directors
- 12 volunteer committee members

## **Risk Management**

Breaking Through's Risk Management Policy forms part of our internal control and governance arrangements.

The board is responsible for maintaining a sound system of internal control that supports the achievement of policies, aims and objectives while safeguarding funds and assets for which we are responsible. Breaking Through seeks to minimise, where possible, the likelihood and impact of risks to its operations, members and staff while recognising there will always remain some level of risk.

As part of the risk management policy, there is a risk register. The purpose of the risk register is to identify and monitor significant risks and consequently to enable the board to make informed and coherent decisions and timely actions in the best interests of the organisation. The register is reviewed and updated a year in January and July.

Internal control risks are minimised by the implementation of procedures and authorisation of transactions and projects. The company has an internal financial controls policy in operation accompanied by procedures manual.

### **Important Events since Year End**

At the time of writing, the Directors are delighted to have secured core funding for a further three years from July 2022 to June 2025 under the Scheme to Support National Organisations. Covid restrictions have been lifted and there is a great need for return to face to face meetings and events.

In addition to this in 2022, Breaking Through CLG secured a fourth grant aid agreement with HSE Healthcare West. In 2022 we will therefore have four grant aid agreements with the HSE and are recognised as experts in administering suicide awareness training. In line with the additional work involved we envisage the number of employees increasing in 2022.

We are looking forward to hosting our first in-person conference on behalf of the Irish Aftercare Network since 2019, in October 2022 and are securing funding through a number of avenues for this event. Breaking Through is looking forward to growing and expanding its services in line with its Strategic Plan. Breaking Through have no current going concern issues and expect the Charity to remain viable and solvent for the foreseeable future.

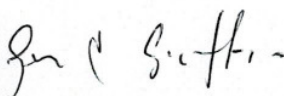
### **Future Developments**

The Directors are not expecting to make any significant changes in the nature of the business in the near future.

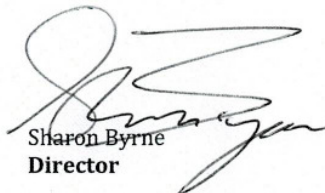
The Directors have carried out a detailed review of budgeted activities, both income and expenditure, for the remainder of 2022. By making reasonable assumptions, we believe the activities of Breaking Through can continue.

We have secured our existing core funding for a further three years and will investigate sourcing appropriate new funding to ensure we can maintain and build on the services we offer.

By order of the board at its meeting held on 28 June 2022



Gerard Griffin  
Director



Sharon Byrne  
Director

## **Breaking Through Company Limited by Guarantee**

### **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF BREAKING THROUGH COMPANY LIMITED BY GUARANTEE**

#### **Opinion**

We have audited the financial statements of Breaking Through Company Limited by Guarantee ('the Company') for the year ended 31 December 2021, which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102, the 'Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2021 and of its net income for the year then ended;
- have been properly prepared in accordance with FRS 102, the 'Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- have been properly prepared in accordance with the requirements of the Companies Act 2014.

#### **BASIS FOR OPINION**

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described below in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard for Auditors (Ireland) issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **CONCLUSIONS RELATING TO GOING CONCERN**

We have nothing to report in respect of the following matters in relation to which ISAs (Ireland) 570 require us to report to you where:

- the directors' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the directors have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

## **Breaking Through Company Limited by Guarantee**

### **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF BREAKING THROUGH COMPANY LIMITED BY GUARANTEE (CONTINUED)**

#### **OTHER INFORMATION**

The directors are responsible for the other information. The other information comprises the information included in the Director's Report, other than the financial statements and our Auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### **OPINIONS ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2014**

Based solely on the work undertaken in the course of the audit, we report that:

- in our opinion, the information given in the Directors' Report is consistent with the financial statements; and
- in our opinion, the Directors' Report has been prepared in accordance with the Companies Act 2014.

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion, the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited and financial statements are in agreement with the accounting records.

#### **MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION**

Based on the knowledge and understanding of the Company and its environment obtained in the course of the audit, we have not identified any material misstatements in the Directors' Report. The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by sections 305 to 312 of the Act are not made. We have nothing to report in this regard.



## **Breaking Through Company Limited by Guarantee**

### **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF BREAKING THROUGH COMPANY LIMITED BY GUARANTEE (CONTINUED)**

#### **RESPONSIBILITIES OF DIRECTORS FOR THE FINANCIAL STATEMENTS**

As explained more fully in the Directors' Report, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the directors determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

#### **AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

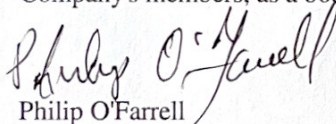
A further description of our responsibilities for the audit of the financial statements is located on the IAASA's website at:

[http://www.iaasa.ie/Publications/ISA 700 \(Ireland\)](http://www.iaasa.ie/Publications/ISA_700_(Ireland)).

This description forms part of our auditor's report.

#### **THE PURPOSE OF OUR AUDIT WORK AND TO WHOM WE OWE OUR RESPONSIBILITIES**

Our report is made solely to the Company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members, as a body, for our audit work, for this report, or for the opinions we have formed.



Philip O'Farrell

for and on behalf of

PT O'Farrell & Company Limited

Chartered Accountants & Statutory Auditors

Castlemaine Court

Dublin Road

Athlone

Co. Westmeath

Date: 28 June 2022

**Breaking Through Company Limited by Guarantee**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(including the income and expenditure account)**  
**for the year ended 31 December 2021**

		<b>Restricted Funds 2021</b>	<b>Unrestricted Funds 2021</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>Notes</b>	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Charitable Activities	<b>3</b>	135,500	66,900	202,400	169,405
<b>Total Income</b>		<u>135,500</u>	<u>66,900</u>	<u>202,400</u>	<u>169,405</u>
<b>Expenditure on:</b>					
Charitable Activities	<b>4</b>	(136,196)	(49,548)	(185,744)	(147,075)
<b>Total Expenditure</b>		<u>(136,196)</u>	<u>(49,548)</u>	<u>(185,744)</u>	<u>(147,075)</u>
<b>Net Income</b>		<u>(696)</u>	<u>17,352</u>	<u>16,656</u>	<u>22,330</u>
<b>Net Movement in Funds</b>		<u>(696)</u>	<u>17,352</u>	<u>16,656</u>	<u>22,330</u>
<b>Reconciliation of Funds</b>					
Total Funds Brought forward		<u>9,866</u>	<u>52,440</u>	<u>62,306</u>	<u>39,976</u>
<b>Total Funds Carried Forward</b>	<b>11</b>	<u><u>9,170</u></u>	<u><u>69,792</u></u>	<u><u>78,962</u></u>	<u><u>62,306</u></u>

The notes on pages 36 to 46 form an integral part of these financial statements.

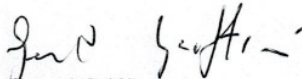
**Breaking Through Company Limited by Guarantee**

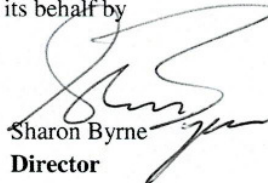
**Statement of Financial Position  
as at 31 December 2021**

	Notes	2021 €	2021 €	2020 €	2020 €
<b>Current Assets</b>					
Receivables	7	30,994		-	
Cash and Cash Equivalents	8	127,095		156,976	
		<u>158,089</u>		<u>156,976</u>	
<b>Payables: Amounts falling due within one year</b>	9	<u>(79,127)</u>		<u>(94,670)</u>	
<b>Net Current assets</b>			78,962		62,306
<b>Net assets</b>			<u>78,962</u>		<u>62,306</u>
<b>Funds of the Organisation</b>					
Restricted Funds			9,170		9,866
Unrestricted Funds			69,792		52,440
<b>Funds of the Organisation</b>	11		<u>78,962</u>		<u>62,306</u>

These financial statements have been prepared in accordance with the Small Companies Regime.

Approved by the board of directors and signed on its behalf by

  
Gerard Griffin  
Director

  
Sharon Byrne  
Director

Date: 28 June 2022

The notes on pages 36 to 46 form an integral part of these financial statements.

**Breaking Through Company Limited by Guarantee**

**Cash flow statement  
for the year ended 31 December 2021**

	<b>2021</b>	<b>2020</b>
<b>Notes</b>	<b>€</b>	<b>€</b>
<b>Cash flows from operating activities</b>		
Net income for the year	16,656	22,330
<b>Adjustments for:</b>		
Movement in receivables	(30,994)	6,336
Movement in payables	(15,543)	24,772
<b>Cash (outflow)/generated from operating activities</b>	<u>(29,881)</u>	<u>53,438</u>
 <b>Reconciliation of net cash flow to movement in net debt</b>		
<b>(Decrease)/increase in cash and cash equivalents</b>	(29,881)	53,438
<b>Cash and cash equivalents at beginning of financial year</b>	<u>156,976</u>	<u>103,538</u>
<b>Cash and cash equivalents at end of financial year</b>	<u>127,095</u>	<u>156,976</u>



# **Breaking Through Company Limited by Guarantee**

## **Notes to the financial statements for the year ended 31 December 2021**

### **1. ACCOUNTING POLICIES**

These financial statements are prepared by Breaking Through Company Limited by Guarantee in accordance with accounting standards issued by the Financial Reporting Council, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") as modified by the Statement of Recommended Practice "Accounting and Reporting by Charities" effective 1 January 2015.

Breaking Through is a company limited by guarantee incorporated in the Republic of Ireland.

The significant accounting policies adopted by the Company and applied consistently are as follows:

#### **Basis of preparation**

The charity has applied the Charities SORP on a voluntary basis as its application is not a requirement of the current regulations for charities registered in the Republic of Ireland however it is considered best practice. As noted below, the directors consider the adoption of the SORP requirements as the most appropriate accounting practice and presentation to properly reflect and disclose the activities of the organisation. The preparation of financial statements in compliance with FRS 102 requires the use of certain critical accounting estimates. It also requires management to exercise judgment in applying the Company's accounting policies.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the Company's financial statements.

#### **Income**

Income is recognised where there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income includes donations, gifts, bequests and income from grant funding. Grant income may be classed as restricted or unrestricted dependant on the conditions included in each agreement.

Grants from governments and institutional donors, are recognised as income when the activities which they are intended to fund have been undertaken, the related expenditure incurred, and there is reasonable certainty of receipt.

Investment income is recognised on a receivable basis. Investment income includes income received on deposits held by the charity and income from any other investments.

Income from charitable activities includes income recognised as earned (as the related goods or services are provided). Income from charitable activities includes income received for events and meetings held during the year.

## **Breaking Through Company Limited by Guarantee**

### **Notes to the financial statements for the year ended 31 December 2021**

#### **Expenditure**

Expenditure is recognised when a liability is incurred. Funding provided through contractual agreements and performance related grants are recognised as goods or services supplied. Other grant payments are recognised when a constructive obligation arises that results in the payment being an unavoidable commitment.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Support costs include those incurred in the governance by the Board of the charity's assets and are primarily associated with constitutional and statutory requirements of managing the organisation.

#### **Fund Accounting**

Unrestricted funds are general funds that are available for use at the Boards' discretion in furtherance of any of the objectives of the Charity.

Restricted funds are those received for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose and the restriction means that the funds can only be used for specific projects or activities.

#### **Receivables**

Receivables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

#### **Cash and Cash Equivalents**

Cash and cash equivalents include cash on hand, demand deposits and other short- term highly liquid investments with original maturities of three months or less. Bank overdrafts are shown within borrowings in current liabilities on the statement of financial position.

#### **Payables**

Payables are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

#### **Taxation**

The Company is exempt from Corporation Tax due to its charitable status.

## **Breaking Through Company Limited by Guarantee**

### **Notes to the financial statements for the year ended 31 December 2021**

#### **Foreign Currencies**

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Statement of Financial Position date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Statement of Financial Activities.

#### **Holiday Pay Accrual**

A liability is recognised to the extent of any unused holiday pay entitlement which is accrued at the Statement of Financial Position date and carried forward to future periods. This is measured at the undiscounted salary cost of the future holiday entitlement so accrued at the Statement of Financial Position date.

#### **Pensions**

The company operates a defined contribution plan for the National Director. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payment obligations. The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in accruals as a liability in the Statement of Financial Position. The assets of the plan are held separately from the Company in independently administered funds.

## **Breaking Through Company Limited by Guarantee**

### **Notes to the financial statements for the year ended 31 December 2021**

#### **2. SIGNIFICANT ACCOUNTING JUDGEMENTS AND KEY SOURCES OF ESTIMATION UNCERTAINTY**

The preparation of these financial statements requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets and liabilities, income and expenses.

Judgements and estimates are continually evaluated and are based on historical experiences and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

The directors consider the accounting assumptions below to be its critical accounting judgements:

#### **Going Concern**

In the first half of 2020, the COVID-19 virus spread worldwide. In common with many other countries, the Irish government issued guidance and restrictions on the movement of people designed to slow the spread of this virus. Throughout 2021, restrictions continued to be placed on people and businesses.

The company continued to restrict staff working from its offices with most staff working from home. This has resulted in the company remaining operational during these periods of varying restrictions. Currently, at the date of signing these financial statements, although COVID-19 is still in circulation, there are no restrictions in place and there are none anticipated for the foreseeable future.

The company has prepared budgets for the upcoming 12 months which show that the company will continue as a going concern. Given the level of net funds the company holds the directors consider that there are no material uncertainties about the company's ability to continue as a going concern. The financial statements have been prepared on a going concern basis.



# Breaking Through Company Limited by Guarantee

## Notes to the financial statements for the year ended 31 December 2021

### 3. INCOME

		2021 Restricted €	2021 Unrestricted €	2021 Total €	2020 Total €
<b>Charitable activities</b>					
<b>Funding</b>	<b>Funded By:</b>				
Webinar funding	Department of Children, Equality, Disability, Integration and Youth	2,200	-	2,200	3,000
Webinar funding	Energy for Generations Fund	3,300	-	3,300	-
Core funding for operational activities	Department of Rural & Community Development Scheme to Support National Organisations	89,548	-	89,548	89,508
Funding to co-ordinate and manage suicide prevention / intervention training in the 07 area - Training Costs	HSE	3,667	-	3,667	8,279
Funding to co-ordinate and manage suicide prevention / intervention training in the 07 area -operational costs	HSE	-	50,000	50,000	50,062
NOSP Training (National)	HSE	18,082	-	18,082	15,101
Breaking Through CLG national training fee income & misc	Fees awarded to Breaking Through CLG for services offered	-	1,900	1,900	3,000
Funding from members contributions to running costs of regional meetings	IAN	276	-	276	455

# **Breaking Through Company Limited by Guarantee**

## **Notes to the financial statements for the year ended 31 December 2021**

### **3. INCOME (CONTINUED)**

		<b>2021</b>	<b>2021</b>	<b>2021</b>	<b>2020</b>
		<b>Restricted</b>	<b>Unrestricted</b>	<b>Total</b>	<b>Total</b>
		<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
Funding to co-ordinate information and education training	HSE National Lottery Grant	2,350	-	2,350	-
Funding to co-ordinate and manage suicide prevention / intervention training in the 06 area -operational costs	HSE	-	15,000	15,000	-
Funding to co-ordinate and manage suicide prevention / intervention training in the 06 area - training costs	HSE	16,077	-	16,077	-
<b>Total income from charitable activities</b>		<b>135,500</b>	<b>66,900</b>	<b>202,400</b>	<b>169,405</b>

# Breaking Through Company Limited by Guarantee

## Notes to the financial statements for the year ended 31 December 2021

### 4. EXPENDITURE ON CHARITABLE ACTIVITIES

	2021	2020
	€	€
Wages & salaries	103,218	85,564
Employer's PRSI	10,828	9,364
Staff pension	4,069	5,981
Training & Development	2,304	834
Webinar	5,394	3,063
Committee expenses	2,102	703
Rent payable	10,680	8,678
ICT	3,189	2,941
Insurance	1,027	1,534
Network expenses	31	1,913
Light & heat	535	473
Printing, postage & stationary	1,145	1,771
Telephone	1,345	1,212
Staff recruitment	-	300
Travel & subsistence	1,012	1,850
HSE suicide intervention skills training	38,306	20,239
Bank charges	152	144
Subscriptions	406	408
General expenses	1	100
	<u>185,744</u>	<u>147,075</u>

In 2021 €136,411 (2020: €110,667) of costs arising from charitable activities were restricted.

Governance Costs amounting to €3,128 (2020: €4,461) incurred in the year to 31 December 2021 have been re-allocated across other categories of expenditure as required under Charities SORP FRS102.

	2021	2020
	€	€
<b>Governance costs:</b>		
Legal & professional	-	1,450
Audit	3,128	3,011
	<u>3,128</u>	<u>4,461</u>

## Breaking Through Company Limited by Guarantee

**Notes to the financial statements  
for the year ended 31 December 2021**

## 5. GOVERNMENT GRANTS

Agency	Pobal
Sponsoring Government Department	Department of Rural and Community Development
Grant Programme & Purpose	To coordinate, develop and manage the Irish Aftercare Network under the Scheme to Support National Organisations (SSNO).
Total Grant	<div style="float: right; width: 60%;"> <p style="text-align: center;"><b>2021</b></p> <p style="text-align: center;"><b>€</b></p> </div> <div style="float: left; width: 40%; text-align: right;"> <p style="text-align: center;"><b>2020</b></p> <p style="text-align: center;"><b>€</b></p> </div>
- Grant taken to income in the period	89,548
- Deferred grant forward released to income	-
- Cash received in the period	89,548
- Overpaid	-
- Expenditure	(90,518)
Restricted funds movement	(970)      5,676
Term	<u>July 2019 to June 2022</u>
Capital Grant element	Nil
Restriction on use	Support for 2 core posts: National Director and Accounts Administrator along with associated indirect costs. These positions will contribute to information provision, advocacy, education and training, and networking ensuring further management and development of the Irish Aftercare Network.
Tax Clearance	Yes

# Breaking Through Company Limited by Guarantee

## Notes to the financial statements for the year ended 31 December 2021

### 6. EMPLOYEES AND REMUNERATION

#### Number of employees

The average monthly numbers of employees during the year were:

	2021 Number	2020 Number
Direct & Administration	2	2

#### Employment costs

	2021 €	2020 €
Wages and salaries	101,480	82,362
Social welfare costs	10,646	9,172
Staff pension costs	4,000	5,859
	116,126	97,393

No employees were paid in excess of €60,000.

The directors gave their services free of charge and are not compensated for their work. No director received out-of-pocket expenses during the year ended 31 December 2021.

### 7. RECEIVABLES

	2021 €	2020 €
Other debtors	30,994	-

### 8. CASH AND CASH EQUIVALENTS

	2021 €	2020 €
Restricted Funds	72,942	86,390
Unrestricted Funds	54,153	70,586
	127,095	156,976

# **Breaking Through Company Limited by Guarantee**

## **Notes to the financial statements for the year ended 31 December 2021**

<b>9. PAYABLES</b>	<b>2021</b>	<b>2020</b>
<b>Amounts falling due within one year:</b>	<b>€</b>	<b>€</b>
Payroll taxes	-	2,334
Accrued expenses	6,185	5,946
Deferred income	72,942	86,390
	<u>79,127</u>	<u>94,670</u>

### **Deferred Income Analysis**

	<b>2021</b>	<b>2020</b>
	<b>€</b>	<b>€</b>
HSE Funding	67,442	81,090
Daffodil Care	2,000	2,000
ESB - Energy for Generations Fund	-	3,300
Lotto	3,500	-
	<u>72,942</u>	<u>86,390</u>
<b>Total Deferred Income</b>	<b>72,942</b>	<b>86,390</b>

- 10. CAPITAL COMMITMENTS**  
There were no capital commitments at the year end.

### **11. STATEMENT OF FUNDS**

	<b>Balance at 1 January 2021</b>	<b>Income</b>	<b>Expenditure</b>	<b>Balance at 31 December 2021</b>
	<b>€</b>	<b>€</b>	<b>€</b>	<b>€</b>
<b>Unrestricted funds</b>				
General funds	52,439	66,900	49,548	69,791
<b>Restricted Funds</b>				
Restricted funds	9,867	135,500	136,196	9,171
	<u>62,306</u>	<u>202,400</u>	<u>185,744</u>	<u>78,962</u>

## **Breaking Through Company Limited by Guarantee**

### **Notes to the financial statements for the year ended 31 December 2021**

#### **12. STATUS OF THE COMPANY**

The company is limited by guarantee of its members and has no share capital. The members have each undertaken to contribute to the assets of the company in the event of it being wound up whilst they are members, or within one year after they cease to be members, for the payment of such debts and liabilities contracted before they cease to be members and of the costs, charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves, such amounts as may be required but not exceeding €1.

#### **13. CONTINGENT LIABILITIES**

There were no contingent liabilities at the year end.

#### **14. RELATED PARTY TRANSACTIONS**

There were no related party transactions during the year.

#### **15. TAXATION**

The Charities Regulatory Authority has granted charitable status to Breaking Through CLG. and as a result the company is exempt from Corporation Tax, Income Tax and Deposit Interest Retention Tax. The registered Charity number is 20042844.

#### **16. POST BALANCE SHEET EVENTS**

In 2021, the Irish Government issued guidance and restrictions on the movement of people to slow the spread of the COVID-19 virus.

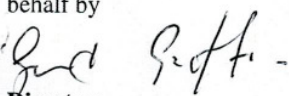
The company reacted to these conditions by offering staff a hybrid work model and continuing business communications online. In 2022, when all restrictions were lifted, the company was fully operational and welcomed the re-introduction of in-person meetings and trainings.

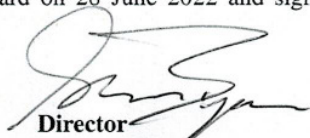
In 2022, in addition to renewing the three existing grant aid agreements, Breaking Through Company Limited by Guarantee has secured a fourth grant aid in agreement with HSE Healthcare West. These funds have not been included in the 2021 Financial Statements.

There have been no events subsequent to the year end that require any adjustment to, or additional disclosures in, the 2021 Financial Statements.

#### **17. APPROVAL OF FINANCIAL STATEMENTS**

The financial statements were approved by the Board on 28 June 2022 and signed on its behalf by

  
**Director**  
Gerard Griffin

  
**Director**  
Sharon Byrne

**Breaking Through Company Limited by Guarantee**

**The following pages do not form part of the statutory accounts.**



# **Breaking Through Company Limited by Guarantee**

## **Detailed Income & Expenditure account for the year ended 31 December 2021**

	<b>2021</b>	<b>2021</b>	<b>2020</b>	<b>2020</b>
	€	€	€	€
<b>Funding</b>				
HSE funding		102,826		73,442
Department of Rural and Community Development (SSNO)		89,548		89,508
Webinar		2,200		3,000
Admin fee income		1,900		3,000
Irish Aftercare Network Income		276		455
ESB Energy for Generations Fund		3,300		-
HSE National Lottery Grant		2,350		-
		<u>202,400</u>		<u>169,405</u>
<b>Administrative expenses</b>	<u>185,744</u>		<u>147,075</u>	
		<u>(185,744)</u>		<u>(147,075)</u>
<b>Operating surplus</b>		<u><u>16,656</u></u>		<u><u>22,330</u></u>

## Breaking Through Company Limited by Guarantee

### Detailed expenditure analysis for the year ended 31 December 2021

	2021	2020
	€	€
Wages and salaries	101,480	82,362
Employer's PRSI	10,646	9,172
Staff pension	4,000	5,859
Training & Development	2,265	817
Webinar	5,303	3,000
Committee expenses	2,067	689
Rent payable	10,500	8,500
ICT	3,135	2,881
Insurance	1,010	1,503
Network expenses	30	1,874
Light & heat	526	463
Printing, postage & stationary	1,126	1,735
Telephone	1,322	1,187
Staff recruitment	-	294
Travel & subsistence	995	1,812
HSE suicide intervention skills training	37,661	19,825
Legal & professional	-	1,450
Audit	3,128	3,011
Bank charges	149	141
Subscriptions	400	400
General expenses	1	100
	<u>185,744</u>	<u>147,075</u>